

KPIs for Australian Public Mental Health Services: PI 16J – Restraint rate, 2024

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KPIs for Australian Public Mental Health Services: PI 16J – Restraint rate, 2024

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	MHS PI 16J: Restraint rate, 2024
METEOR identifier:	783669
Registration status:	Health , Standard 29/05/2024
Description:	The number of restraint events per 1,000 patient days within public acute admitted patient specialised mental health service units.

NOTE: This specification has been adapted from the indicator [Restraint rate, 2021– \(Service level\)](#) using terminology consistent with the National Health Data Dictionary. There are no technical differences in the calculation methodologies between the Service level version and the Jurisdictional level version of this indicator.

Rationale:	<ul style="list-style-type: none">• Working towards the elimination of restrictive practices in mental health services has been identified as a priority in the publication <i>National safety priorities in mental health: a national plan for reducing harm</i> (NMHWG 2005).• High levels of restraint are widely regarded as inappropriate, and may point to inadequacies in the functioning of the overall systems and risks to the safety of consumers receiving mental health care.• The use of restraint in public sector mental health service organisations is regulated under legislation and/or policy of each jurisdiction.
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Indicator set:	Key Performance Indicators for Australian Public Mental Health Services (Jurisdictional level version) (2024) Health , Standard 29/05/2024
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Collection and usage attributes

Computation description:	Coverage/Scope: State/territory public acute admitted patient mental health service units in-scope for reporting in accordance with the Mental health seclusion and restraint National best endeavours data set (SECREST NBEDS). Methodology: Reference period for 2024 performance reporting: 2023–24 <ul style="list-style-type: none">• Restraint data are compiled by state/territory data providers according to the specifications of the SECREST NBEDS. As such, data are subject to the concepts and definitions developed for the data set.• For the purpose of this indicator, only mechanical and physical restraint events are included in the computation. Unspecified restraint events are not included.
Computation:	$(\text{Numerator} \div \text{Denominator}) \times 1,000$
Numerator:	Total number of mechanical restraint events occurring within the reference period. Total number of physical restraint events occurring within the reference period.

Numerator data elements:

Data Element / Data Set
Specialised mental health service—number of restraint events, total number N[NNN]
Specialised mental health service—type of restraint event, code N
NMDS / DSS
Mental health seclusion and restraint NBEDS 2015-

Denominator: Total number of accrued mental health care days within the reference period.

Denominator data elements:

Data Element / Data Set
Establishment—accrued mental health care days, total N[N(7)]
NMDS / DSS
Mental health seclusion and restraint NBEDS 2015-

Disaggregation: Service variables: target population, remoteness.

Consumer attributes: nil.

Disaggregation data elements:

Data Element / Data Set
Address—statistical area, level 2 (SA2) code (ASGS 2016) N(9)
NMDS / DSS
Mental health seclusion and restraint NBEDS 2015-

Data Element / Data Set
Specialised mental health service—target population group, code N
NMDS / DSS
Mental health seclusion and restraint NBEDS 2015-

Representational attributes

Representation class: Rate
Data type: Real
Unit of measure: Episode
Format: N[NN].N

Indicator conceptual framework

Framework and dimensions: [Safety](#)

Accountability attributes

Reporting requirements: National Health Reform Agreement
Organisation responsible for providing data: State/territory health departments
Accountability: Australian Institute of Health and Welfare
Benchmark: State/territory level

Further data development / collection required: Collection of restraint data at the national level occurs via the SECREST NBEDS. Data on the characteristics of the consumers subject to seclusion is not currently available.

Other issues caveats:

- The use of restraint is governed by either legislation (a Mental Health Act or equivalent) or mandatory policy within each state and territory. The definitions used within the legislation and policies vary slightly between jurisdictions. These variations should be recognised in the interpretation of the indicator.
- The type of restraint used, physical or mechanical, informs the understanding of an organisation's management and use of restraint. However, the capacity to collect information regarding restraint types varies across jurisdictions.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Reference documents: NMHPSC (National Mental Health Performance Subcommittee) (2013). Key Performance Indicators for Australian Public Mental Health Services, 3rd edn. Canberra: NMHPSC.

NMHWG (National Mental Health Working Group) (2005). National safety priorities in mental health: a national plan for reducing harm, Health Priorities and Suicide Prevention Branch, Department of Health and Ageing, Commonwealth of Australia, Canberra.

Relational attributes

Related metadata references: Supersedes [KPIs for Australian Public Mental Health Services: PI 16J – Restraint rate, 2023](#)
[Health](#), Superseded 29/05/2024