Amount of physical activity undertaken

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# Amount of physical activity undertaken

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| Identifying and definitional attributes |
| Metadata item type: | Property |
| METEOR identifier: | 775059 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Qualified 06/07/2023 |
| Definition: | The amount of bodily movement produced by skeletal muscles requiring energy expenditure undertaken. |
| Property group: | [Physical characteristics](https://meteor.aihw.gov.au/content/274658) |

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| Source and reference attributes |
| Submitting organisation: | Australian Institute of Health and Welfare |
| Reference documents: | World Health Organization (WHO) 2020. Physical activity. Geneva: WHO, viewed 23 March 2023. <https://www.who.int/news-room/fact-sheets/detail/physical-activity> |
| Relational attributes |
| Data Element Concepts implementing this property: | [Person—amount of physical activity undertaken](https://meteor.aihw.gov.au/content/767552)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Qualified 06/07/2023 |