Person—amount of physical activity undertaken



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Person—amount of physical activity undertaken

Identifying and definitional attributes

Metadata item type: Data Element Concept

METEOR identifier: 767552

Registration status: Health, Qualified 06/07/2023

Definition: The amount of bodily movement produced by skeletal muscles requiring energy

expenditure that a person has undertaken.

Object Class attributes

Identifying and definitional attributes

Object class: Person

Definition: A human being.

Collection and usage attributes

Comments: Prior to 13 March 2018, the definition of the 'Person' Object class was 'A human

being, whether man, woman or child'. From 13 March 2018, the definition was edited by removing the words '...whether man, woman or child' so that a person is defined as 'A human being'. This amendment was undertaken to align the definition of a person with the *Australian Government Guidelines on the Recognition of Sex and Gender* and the Australian Bureau of Statistics (ABS) *Standard for Sex and Gender Variables*, which recognise that there are sex and gender types that are

not exclusively male or female.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Origin: Macquarie University 2003. The Macquarie Dictionary 3rd ed. Sydney: The

Macquarie Library Pty. Ltd

Reference documents: Attorney-General's Department 2015. Australian Government Guidelines on the

Recognition of Sex and Gender. Viewed 26 July 2016,

https://www.ag.gov.au/Publications/Pages/

<u>AustralianGovernmentGuidelines</u>

ontheRecognitionofSexandGender.aspx

ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July

2016, http://abs.gov.au/AUSSTATS/abs@.nsf/

Lookup/1200.0.55.012

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Property attributes

Identifying and definitional attributes

Property: Amount of physical activity undertaken

Definition: The amount of bodily movement produced by skeletal muscles requiring energy

expenditure undertaken.

Property group: Physical characteristics

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Reference documents: World Health Organization (WHO) 2020. Physical activity. Geneva: WHO, viewed

23 March 2023. https://www.who.int/news-room/fact-sheets/detail/physical-activity

Data element concept attributes

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Data Elements implementing this Data Element Concept:

Person—amount of physical activity undertaken, total number of hours code N[N]

Health, Qualified 06/07/2023