

# Person—amount of physical activity undertaken

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# Person—amount of physical activity undertaken

## Identifying and definitional attributes

<b>Metadata item type:</b>	Data Element Concept
<b>METEOR identifier:</b>	767552
<b>Registration status:</b>	<a href="#">Health</a> , Standard 29/05/2024
<b>Definition:</b>	The amount of bodily movement produced by skeletal muscles requiring energy expenditure that a person has undertaken.

## Object Class attributes

### Identifying and definitional attributes

<b>Object class:</b>	<a href="#">Person</a>
<b>Definition:</b>	A human being.

### Collection and usage attributes

<b>Comments:</b>	Prior to 13 March 2018, the definition of the 'Person' Object class was 'A human being, whether man, woman or child'. From 13 March 2018, the definition was edited by removing the words '...whether man, woman or child' so that a person is defined as 'A human being'. This amendment was undertaken to align the definition of a person with the <i>Australian Government Guidelines on the Recognition of Sex and Gender</i> and the Australian Bureau of Statistics (ABS) <i>Standard for Sex and Gender Variables</i> , which recognise that there are sex and gender types that are not exclusively male or female.
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### Source and reference attributes

<b>Submitting organisation:</b>	Australian Institute of Health and Welfare
<b>Origin:</b>	Macquarie University 2003. <i>The Macquarie Dictionary 3rd ed.</i> Sydney: The Macquarie Library Pty. Ltd
<b>Reference documents:</b>	Attorney-General's Department 2015. Australian Government Guidelines on the Recognition of Sex and Gender. Viewed 26 July 2016, <a href="https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx">https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx</a>  ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July 2016, <a href="http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument">http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument</a>

## Property attributes

### Identifying and definitional attributes

<b>Property:</b>	<a href="#">Amount of physical activity undertaken</a>
<b>Definition:</b>	The amount of bodily movement produced by skeletal muscles requiring energy expenditure undertaken.
<b>Property group:</b>	<a href="#">Physical characteristics</a>

### Source and reference attributes

<b>Submitting organisation:</b>	Australian Institute of Health and Welfare
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**Reference documents:** World Health Organization (WHO) 2020. Physical activity. Geneva: WHO, viewed 23 March 2023. <https://www.who.int/news-room/fact-sheets/detail/physical-activity>

## Data element concept attributes

### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

### Relational attributes

**Data Elements implementing this Data Element Concept:** [Person—amount of physical activity undertaken, total number of hours code N\[N\] Health, Standard 29/05/2024](#)