

Resource Utilisation Groups—Activities of Daily Living total score code N

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Resource Utilisation Groups–Activities of Daily Living total score code N

Identifying and definitional attributes

| | |
|-----------------------------|---|
| Metadata item type: | Value Domain |
| METEOR identifier: | 748503 |
| Registration status: | Health , Standard 09/12/2022 |
| Definition: | A code set representing an individual's need for assistance with four activities of daily living. |

Representational attributes

| | |
|----------------------------------|--------|
| Representation class: | Code |
| Data type: | Number |
| Format: | N |
| Maximum character length: | 1 |

| | Value | Meaning |
|------------------------------|--------------|---|
| Permissible values: | 1 | Independent or supervision only |
| | 2 | Limited assistance |
| | 3 | Limited physical assistance or Extensive assistance/total dependence/tube fed |
| | 4 | Other than two persons physical assist |
| | 5 | Two or more persons physical assist |
| Supplementary values: | 7 | Unable to rate (insufficient information) |
| | 9 | Not stated/missing |

Collection and usage attributes

Guide for use:

The **Resource Utilisation Groups–Activities of Daily Living** (RUG-ADL) is an assessment tool that assesses a person's motor function for activities of daily living for the following four items:

| <i>Item number</i> | <i>Activity of daily living</i> |
|--------------------|---------------------------------|
| 1 | Bed mobility |
| 2 | Toileting |
| 3 | Transfers |
| 4 | Eating |

Values 1, 3, 4 and 5 are valid for items 1, 2 and 3.

Values 1, 2 and 3 are valid for item 4.

CODE 1 Independent or supervision only

Tasks/transfers are performed independently or with prompting from carer. No hands-on assistance is required and may be undertaken independently with the use of a device. Specifically for the activity Eating, value 1 refers to the ability to cut, chew and swallow food, independently or with supervision, once meal has been presented in the customary fashion.

CODE 2 Limited assistance

Refers to the act of assistance without manual handling. It is used for the activity Eating and is not eligible for other activities.

CODE 3 Limited physical assistance or Extensive assistance/total dependence/tube fed

For activities Bed mobility, Toileting, and Transfer value 3 refers to the act of assistance requiring manual handling (hence the inclusion of 'physical' in the title). For the activity Eating, value 3 refers to more significant assistance with feeding either through physical assistance or the use of medical assistance.

CODE 4 Other than two persons physical assist

For activities Bed mobility, Toileting and Transfers value 4 refers to the use of a device for assistance and may require the additional assistance of only one other person. For the activity Bed mobility value 4 refers to use of a hoist or other assisting device to readjust position in bed and physical assist pressure relief. For the activity Toileting value 4 refers to the use of a catheter, uridome or urinal, or a colostomy, bedpan or commode chair, or insertion of enema or suppository. For the activity Transfer value 4 requires the use of a device for any of the transfers performed in the day or night. Value 4 is not eligible for the activity Eating.

CODE 5 Two or more persons physical assist

Refers to the requirement of two assistants to perform any step of the task/transfer. Value 5 is not eligible for the activity Eating.

Scores are summed for the four ADL items: Bed mobility, Toileting, Transfer and Eating. A total RUG-ADL scores ranges from a minimum 4 and maximum 18.

CODE 7 Unable to rate (insufficient information)

This code should be used when the assessor does not have enough information to provide a rating.

CODE 9 Not stated/missing

This code should be used where no rating has been provided or the rating provided is indecipherable.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: Supersedes [Resource Utilisation Groups—Activities of Daily Living score code N Health](#), Superseded 23/12/2020

See also [Resource Utilisation Groups—Activities of Daily Living total score code N\[N\] Health](#), Superseded 18/12/2019

Data elements implementing this value domain: [Person—level of functional independence, Resource Utilisation Groups - Activities of Daily Living score code N Health](#), Standard 09/12/2022