

Resource Utilisation Groups—Activities of Daily Living total score code N

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Resource Utilisation Groups–Activities of Daily Living total score code N

Identifying and definitional attributes

Metadata item type:	Value Domain
METEOR identifier:	748503
Registration status:	Health , Standard 09/12/2022
Definition:	A code set representing an individual's need for assistance with four activities of daily living.

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N
Maximum character length:	1

	Value	Meaning
Permissible values:	1	Independent or supervision only
	2	Limited assistance
	3	Limited physical assistance or Extensive assistance/total dependence/tube fed
	4	Other than two persons physical assist
	5	Two or more persons physical assist
Supplementary values:	7	Unable to rate (insufficient information)
	9	Not stated/missing

Collection and usage attributes

Guide for use:

The **Resource Utilisation Groups–Activities of Daily Living** (RUG-ADL) is an assessment tool that assesses a person's motor function for activities of daily living for the following four items:

<i>Item number</i>	<i>Activity of daily living</i>
1	Bed mobility
2	Toileting
3	Transfers
4	Eating

Values 1, 3, 4 and 5 are valid for items 1, 2 and 3.

Values 1, 2 and 3 are valid for item 4.

CODE 1 Independent or supervision only

Tasks/transfers are performed independently or with prompting from carer. No hands-on assistance is required and may be undertaken independently with the use of a device. Specifically for the activity Eating, value 1 refers to the ability to cut, chew and swallow food, independently or with supervision, once meal has been presented in the customary fashion.

CODE 2 Limited assistance

Refers to the act of assistance without manual handling. It is used for the activity Eating and is not eligible for other activities.

CODE 3 Limited physical assistance or Extensive assistance/total dependence/tube fed

For activities Bed mobility, Toileting, and Transfer value 3 refers to the act of assistance requiring manual handling (hence the inclusion of 'physical' in the title). For the activity Eating, value 3 refers to more significant assistance with feeding either through physical assistance or the use of medical assistance.

CODE 4 Other than two persons physical assist

For activities Bed mobility, Toileting and Transfers value 4 refers to the use of a device for assistance and may require the additional assistance of only one other person. For the activity Bed mobility value 4 refers to use of a hoist or other assisting device to readjust position in bed and physical assist pressure relief. For the activity Toileting value 4 refers to the use of a catheter, uridome or urinal, or a colostomy, bedpan or commode chair, or insertion of enema or suppository. For the activity Transfer value 4 requires the use of a device for any of the transfers performed in the day or night. Value 4 is not eligible for the activity Eating.

CODE 5 Two or more persons physical assist

Refers to the requirement of two assistants to perform any step of the task/transfer. Value 5 is not eligible for the activity Eating.

Scores are summed for the four ADL items: Bed mobility, Toileting, Transfer and Eating. A total RUG-ADL scores ranges from a minimum 4 and maximum 18.

CODE 7 Unable to rate (insufficient information)

This code should be used when the assessor does not have enough information to provide a rating.

CODE 9 Not stated/missing

This code should be used where no rating has been provided or the rating provided is indecipherable.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: Supersedes [Resource Utilisation Groups–Activities of Daily Living score code N Health](#), Superseded 23/12/2020

See also [Resource Utilisation Groups–Activities of Daily Living total score code N\[N\] Health](#), Superseded 18/12/2019

Data elements implementing this value domain: [Person—level of functional independence, Resource Utilisation Groups - Activities of Daily Living score code N Health](#), Standard 09/12/2022