K10 score code N

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Identifying and definitional attributes

Metadata item type:	Value Domain
METEOR identifier:	747009
Registration status:	Health, Standard 09/12/2022
Definition:	A code set representing responses on the K10 Screening Scale for Psychological Distress (K10) consumer-rated measure on a 5-point scale from 'None of the time' to 'All of the time'.

Representational attributes

Representation class:	Code
Data type:	String
Format:	N
Maximum character length:	1

	Value	Meaning
Permissible values:	1	None of the time
	2	A little of the time
	3	Some of the time
	4	Most of the time
	5	All of the time
Supplementary values:	6	Don't know
	9	Not stated/missing

Collection and usage attributes

Guide for use:

This code set represents answers to questions in the K10 Screening Scale for Psychological Distress (K10) consumer-rated measure.

The consumer responds by selecting how often they have been experiencing a particular thought, feeling or behaviour with a corresponding score of:

1 - None of the time

2 - A little of the time

3 - Some of the time

4 - Most of the time

5 - All of the time.

A total score for the 10 questions is generated by the sum of the individual responses with a higher score representing higher psycho-social distress.

Comments: The K10 Screening Scale for Psychological Distress (K10) is a self-report measure intended to yield a global measure of 'non-specific psycho-social distress' based on ten questions about the level of nervousness, agitation, psychological fatigue, and depression in the relevant rating period. The measure was developed to be informative about those levels of distress that are associated with impairment in the 90th to 99th percentile of the general population range.

This measure is a rating of psycho-social distress and does not identify cause or treatment at either individual or population level.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Reference documents: Kessler RC, Colpe LJ, Epstein JF, Groerer JC, Hiripi E, Howes MJ, Normnad SL, Manderscheid RW, Walters EE, Zasalvsky AM (2003) Screening for serious mental illness in the general population. Archives of General Psychiatry 2003: 60(2), 184-189.

Andrews G and Slade T (2001) Interpreting scores on the K10. Australian and New Zealand Journal of Public Health, 25, 494-497.

Australian Mental Health Outcomes and Classification Network (2021). Mental Health National Outcomes and Casemix Collection: Overview of Clinician-Rated and Consumer Self-Report Measures V.2.1. https://www.amhocn.org/sites/default/files/publication_files/nocc_clinician_and_self-report_measures_overview_v2.1_20210913_1.pdf

Relational attributes

Data elements implementing this value domain:

Person—effect of physical health problems on feelings rating, symptom frequency scale code N
Health, Standard 09/12/2022

Person—self-assessed mental health status, K10 score code N
Health, Standard 09/12/2022