

Mental Health Carer Experience of Service NBEDS

Identifying and definitional attributes

Metadata item type: Data Set Specification

METEOR identifier: 745391

Registration status:

- [Health](#), Standard 10/06/2022

DSS type: Data Set Specification (DSS)

Scope: The scope of the Mental Health Carer Experience of Service National Best Endeavours Data Set (MH CES NBEDS) is state and territory public sector [Specialised mental health services](#).

As specified by the Mental Health Carer Experience Survey, carers are the family member, partner or friend of someone with a mental illness whose lives are also affected by that illness. Carers provide support and assistance to the person with a mental illness.

Specialised mental health services are those with a primary function to provide treatment, rehabilitation or community support targeted towards people with a mental disorder or psychiatric disability. These activities are delivered from a service or facility that is readily identifiable as both 'specialised' and 'serving a mental health care function'.

A service is not defined as a specialised mental health service solely because its clients include people affected by a mental disorder or psychiatric disability.

The definition excludes specialist drug and alcohol services and services for people with intellectual disabilities, except where they are specifically established to assist people affected by a mental disorder who also have drug and alcohol related disorders or intellectual disability.

The services can be sub-units of hospitals that are not, themselves, specialised mental health establishments (for example designated psychiatric units and wards, outpatient clinics etc).

Collection and usage attributes

Guide for use:

The Mental Health Carer Experience Survey is offered to carers of a [Mental health consumer](#) to rate their experience of a public sector [Specialised mental health service](#).

The survey was developed by the Australian Mental Health Outcomes and Classifications Network (AMHOCN) under the auspices of the former Mental Health Information Strategy Standing Committee (MHISSC) of the former Australian Health Ministers Advisory Council (AHMAC). It was funded by the Australian Government Department of Health to give effect to the commitments in the Fourth National Mental Health Plan, which included the development of consumer and carer experiences and perceptions of care as a priority quality improvement initiative to strengthen the focus of the mental health sector on measures of experiences of care.

Following national and international literature reviews, sector consultations, field trials and psychometric validation, the survey was delivered as a measure suitable for national use in public sector mental health services. The measure captures information about issues meaningful and relevant to carers and, given its strong alignment to Standard 7 of the National Standards for Mental Health Services, can be used by services to identify areas for quality improvement in service delivery.

This NBEDS contains metadata describing 37 questions included in the Mental Health Carer Experience Survey, which explores the experience of service by carers in the three months prior to the survey completion. The exact wording of each survey question to be used in collection of this NBEDS can be found in the DSS specific information for each data element. The NBEDS also includes a number of demographic or contextual data elements. Free text fields that are part of the survey are not included.

Metadata items that reflect specific questions in the Mental Health Carer Experience Survey are listed below using a sequence number corresponding to the number of the item in the survey. Metadata items used for demographic or contextual data elements are not given a sequence number. Please refer to the DSS specific information for more detail.

A Mental Health Carer Experience Survey: Guide for Use is available on the [Australian Mental Health Outcomes and Classification Network](#) (AMHOCN) website (AMHOCN 2021).

Collection methods:

A recommended survey sampling methodology is not specified by this NBEDS.

National reporting arrangements

State and territory health authorities may provide the data to the Australian Institute of Health and Welfare on an annual basis.

Periods for which data are collected and nationally collated

Financial years ending 30 June each year. The reference period starts on 1 July and ends on 30 June each year.

Implementation start date: 01/07/2022

Comments: Glossary terms that are relevant to this data set are included here:

[Admitted patient mental health care service](#)

[Ambulatory care](#)

[Ambulatory mental health care service](#)

[Geographic indicator](#)

[Mental health consumer](#)

[Residential mental health care service](#)

The Mental Health Carer Experience Survey is available for use by appropriate organisations that enter a licensing agreement specifying conditions of use. The survey, detailed additional user guidelines and mandatory licensing arrangements are available on the [Australian Mental Health Outcomes and Classification Network \(AMHOCN\)](#) website (AMHOCN 2021)

Only one response is to be input for each data element in this NBEDS.
CODE 6: Not needed is a response category in the survey and should be used where the respondent has selected this response option.
CODE 9: Not stated/inadequately described can be used where survey responses are deemed to be illegible, where the respondent has not provided an answer, or where the respondent has selected multiple responses for the question.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Steward: [Australian Institute of Health and Welfare](#)

Reference documents: [AMHOCN \(Australian Mental Health Outcomes and Classifications Network\) 2021](#). Australian Mental Health Outcomes and Classification Network, Mental Health Carer Experience Survey. Victoria.

Relational attributes

Metadata items in this Data Set Specification [Show more detail](#)

Seq No.	Metadata item	Obligation	Max occurs
1	Person—understanding what could be expected from a service, 6 point frequency scale code N	Mandatory	1
2	Person—explanation of any legal issues, 6 point frequency scale code N	Mandatory	1
3	Person—understanding of rights and responsibilities, 6 point frequency scale code N	Mandatory	1
4	Person—individuality and values were respected, 6 point frequency scale code N	Mandatory	1
5	Person—obtaining cultural or language support, 6 point frequency scale code N	Mandatory	1
6	Person—opportunity to provide relevant information, 6 point frequency scale code N	Mandatory	1
7	Person—respect for opinion, 6 point frequency scale code N	Mandatory	1
8	Person—involvement in decision making, 6 point frequency scale code N	Mandatory	1
9	Person—identified as a carer, 6 point frequency scale code N	Mandatory	1
10	Person—opportunity to discuss progress with staff, 6 point frequency scale code N	Mandatory	1
11	Person—family and carers given opportunity for involvement, 6 point frequency scale code N	Mandatory	1

12	Person—opportunities to enhance abilities, 6 point frequency scale code N	Mandatory	1
13	Person—staff showed hopefulness for future, 6 point frequency scale code N	Mandatory	1
14	Person—support for carer relationship, 6 point frequency scale code N	Mandatory	1
15	Person—provision of information for future illness, 6 point frequency scale code N	Mandatory	1
16	Person—opportunities to communicate confidentially, 6 point frequency scale code N	Mandatory	1
17	Person—information provided on rights and responsibilities, yes/no/don't know/not needed code N	Mandatory	1
18	Person—explanation of how to give feedback about the service, yes/no/don't know/not needed code N	Mandatory	1
19	Person—provision of information about support services, yes/no/don't know/not needed code N	Mandatory	1
20	Person—information on opportunities to improve the service, yes/no/don't know/not needed code N	Mandatory	1
21	Person—provision of after hours contact number, yes/no/don't know/not needed code N	Mandatory	1
22	Person—information about having a support person, yes/no/don't know/not needed code N	Mandatory	1
23	Person—effect of service on relationship, effect of service code N	Mandatory	1
24	Person—effect on hopefulness for future, effect of service code N	Mandatory	1
25	Person—effect of service on overall well-being, effect of service code N	Mandatory	1
26	Person—overall experience of service, measure of experience code N	Mandatory	1
27	Person—consumer wanted carer involvement, 6 point frequency scale code N	Mandatory	1
30	Person—gender, code X	Mandatory	1
31	Person—main language spoken at home, English/other code N	Mandatory	1
32	Person—age range, code N	Mandatory	1
33	Person—Indigenous status, code N	Mandatory	1
34	Person—length of elapsed time as a carer, time code N	Mandatory	1
35	Person—relationship to reference person, mental health consumer code N	Mandatory	1
36	Person—length of time being a client, elapsed time code N	Mandatory	1
37	Person—help completing survey, person who helped code N	Mandatory	1
-	Establishment—Australian state/territory identifier, code N	Mandatory	1
-	Establishment—region identifier, X[X]	Mandatory	1
-	Establishment—region name, text XXX[X(57)]	Mandatory	1
-	Establishment—service unit cluster identifier, XXXXX	Conditional	1
-	Establishment—service unit cluster name, text XXX[X(97)]	Conditional	1
-	Hospital—hospital identifier, XXXXX	Conditional	1
-	Hospital—hospital name, text XXX[X(97)]	Conditional	1
-	Person—mode of statistical survey completion, code N[N]	Mandatory	1
-	Specialised mental health service organisation—organisation identifier, XXXX	Mandatory	1
-	Specialised mental health service organisation—service delivery setting, code N	Mandatory	1
-	Specialised mental health service—admitted patient care program type, code N	Conditional	1
-	Specialised mental health service—admitted patient service unit identifier, XXXXXX	Conditional	1
-	Specialised mental health service—admitted patient service unit name, text XXX[X(97)]	Conditional	1
-	Specialised mental health service—ambulatory service unit identifier, XXXXXX	Conditional	1
-	Specialised mental health service—ambulatory service unit name, text XXX[X(97)]	Conditional	1

- [Specialised mental health service—residential service unit identifier, XXXXXX](#) Conditional 1
- [Specialised mental health service—residential service unit name, text XXX\[X\(97\)\]](#) Conditional 1
- [Specialised mental health service—target population group, code N](#) Mandatory 1
- [Survey—language, code \(ASCL 2016\) N\[NNN\]](#) Mandatory 1
- [Survey—sample population, code N](#) Mandatory 1
- [Survey—type of enumeration period, code N](#) Mandatory 1