

# Risk factors of dementia code NN

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# Risk factors of dementia code NN

## Identifying and definitional attributes

<b>Metadata item type:</b>	Value Domain
<b>METEOR identifier:</b>	738021
<b>Registration status:</b>	<a href="#">Health</a> , Standard 05/10/2022
<b>Definition:</b>	A code set representing the risk factors of <a href="#">dementia</a> .

## Representational attributes

<b>Representation class:</b>	Code
<b>Data type:</b>	String
<b>Format:</b>	NN
<b>Maximum character length:</b>	2

	<b>Value</b>	<b>Meaning</b>
<b>Permissible values:</b>	01	Alcohol use
	02	Smoking
	03	Obesity
	04	Hypertension
	05	Hearing impairment
	06	Vision impairment
	07	Physical inactivity
	08	Low education attainment
	09	Head injury
	10	Genetic
	11	Mental illness
	12	Intellectual disability
	13	Mild cognitive impairment
	14	Diabetes
<b>Supplementary values:</b>	80	Other
	97	Not applicable
	99	Not stated/inadequately described

## Collection and usage attributes

**Guide for use:** Record each risk factor of dementia identified by an appropriate clinician.

CODE 01 Alcohol use

Record if the person exceeded the guidelines for alcohol intake for their age in the past 7 days (based on the *Australian guidelines to reduce health risks from drinking alcohol* (NHMRC 2020)).

CODE 02 Smoking

Record if the person has ever smoked. Includes tobacco and e-cigarettes.

CODE 03 Obesity

Record if the person has a Body Mass Index (BMI)  $\geq$  30.

CODE 04 Hypertension

Record if the person has a history of hypertension.

CODE 05 Hearing loss

Record if the person has hearing loss. Includes any hearing threshold response (using audiometry) outside the normal range, at any sound stimuli, in either ear.

CODE 06 Vision loss

Record if the person has full or partial vision loss caused by cataracts, macular degeneration, diabetic retinopathy or other conditions. Exclude vision impairment that has been corrected with glasses or contact lenses.

CODE 07 Physical inactivity

Record if the person did not meet the physical activity guidelines for their age in the past 7 days (based on the *Physical activity and exercise guidelines for all Australians* (Department of Health and Aged Care 2021)).

CODE 08 Low education attainment

Record if the person did not complete secondary education.

CODE 09 Traumatic brain injury

Record if the person has ever had a traumatic brain injury (injury to the brain caused by an external force). Includes concussion.

CODE 10 Genetic

Record if the person has a biological family history of dementia.

CODE 11 Mental illness

Record if the person has a history of a mental health disorder (also referred to as mental illness). Includes depression, anxiety, substance use disorders, personality disorders, psychoses and other cognitive, emotional and behavioural disorders that interfere with the lives and productivity of people.

CODE 12 Intellectual disability

Record if the person has a diagnosed intellectual disability.

CODE 13 Mild cognitive impairment

Record if the person has ever been diagnosed with a mild cognitive impairment.

CODE 14 Diabetes

Record if the person has ever been told by a doctor or nurse that they have diabetes.

## Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

**Reference documents:** NHMRC (National Health and Medical Research Council) (2020). *Australian guidelines to reduce health risks from drinking alcohol*. Commonwealth of Australia, Canberra. <https://www.nhmrc.gov.au/about-us/publications/australian-guidelines-reduce-health-risks-drinking-alcohol>

Department of Health and Aged Care (2021), *Physical activity and exercise guidelines for all Australians*, Commonwealth of Australia, Canberra. <https://www.health.gov.au/health-topics/physical-activity-and-exercise/physical-activity-and-exercise-guidelines-for-all-australians>.

## Relational attributes

**Data elements implementing this value domain:**

[Person—dementia risk factors, code NN](#)  
[Health](#), Standard 05/10/2022