

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2021

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2021
METEOR identifier:	725836
Registration status:	<ul style="list-style-type: none">• Health, Standard 03/07/2020
Description:	Proportion of adults and children who are in the 'normal' Body Mass Index (BMI) range.
Indicator set:	National Healthcare Agreement (2021) Health , Standard 19/11/2020
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>BMI is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18, based on centile curves. See <i>ABS National Health Survey: Users' Guide, 2017–18</i> (ABS cat. no. 4363.0.55.001) (ABS 2019b) for BMI cut-off values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	Adults: Number of persons aged 18 and over with a healthy body weight. Children: Number of persons aged 5–17 with a healthy body weight.

Numerator data elements:

Data Element / Data Set

Data Element
Adult—Body Mass Index

Data Source
[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use
Data source type: Survey

Data Element / Data Set

Data Element
Child—Body Mass Index

Data Source
[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use
Data source type: Survey

Data Element / Data Set

Data Element
Person—age

Data Source
[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use
Data source type: Survey

Denominator:

Adults: Population aged 18 and over

Children: Population aged 5–17

Denominator data elements:

Data Element / Data Set

Data Element
Person—age

Data Source
[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use
Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Data Element

Person—area of usual residence

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2021 National Healthcare Agreement performance reporting: 2017–18.

NO NEW DATA FOR 2021 REPORTING

Baseline: 2007–08

2017–18 data are based on measured height and weight, though respondents were also asked to self-report their height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

In 2017–18, 33.8% of respondents aged 18 years and over did not have their height or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight. For more information see [Appendix 2: Physical measurements in the 2017–18 National Health Survey in National Health Survey: First results, 2017–18](#) (ABS cat. no. 4364.0.55.001) (ABS 2019a).

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[NN].N

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources: **Data Source**

[ABS 2017–18 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark:

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer [National Healthcare Agreement 2012](#).

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Source and reference attributes

Reference documents: Australian Bureau of Statistics (ABS) 2019a. *National Health Survey: First Results, 2017–18*, ABS cat. no. 4364.0.55.001. Canberra: ABS. Viewed 7 May 2020, <https://www.abs.gov.au/AUSSTATS/abs@.nsf/Lookup/4364.0.55.001>Main+Features100192017-18?OpenDocument>

ABS 2019b. *National Health Survey: Users' Guide, 2017–18*, ABS cat. no. 4363.0. Canberra: ABS. Viewed 7 May 2020, <https://www.abs.gov.au/AUSSTATS/abs@.nsf/Lookup/4363.0>Main+Features12017-18?OpenDocument>

Council of Australian Governments 2012. National Healthcare Agreement (effective 25 July 2012). Viewed 5 May 2020, http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf

Relational attributes

Related metadata references: See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2019](#)

- [Health](#), Standard 09/04/2020

Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020](#)

- [Health](#), Standard 13/03/2020

Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2022](#)

- [Health](#), Standard 24/09/2021

See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2021](#)

- [Health](#), Standard 03/07/2020