

Counselling—face to face

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Counselling—face to face

Identifying and definitional attributes

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| Metadata item type: | Glossary Item |
| METEOR identifier: | 721748 |
| Registration status: | Health , Standard 16/01/2020 |
| Definition: | <p>Counselling services operate through a range of mediums including face-to-face, telephone and online. This service type is intended only for services providing face-to-face counselling.</p> <p>Counselling services provide a structured process that is concerned with addressing and resolving specific problems, making decisions, working through feelings and inner conflicts, or improving relationships with others (BAC 1986). Counselling facilitates personal growth, development, self-understanding and the adoption of constructive life practices.</p> <p>The counselling process will depend on the individual counsellor, the individual client and the specific issue.</p> |
| Context: | Mental health non-government organisation establishments service type taxonomy. |

Collection and usage attributes

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| Guide for use: | <p><i>Distinguishing features:</i></p> <ul style="list-style-type: none">• Delivered face-to-face• Primarily centre-based• Includes individual, family and group counselling <p><i>Inclusions:</i></p> <ul style="list-style-type: none">• Talking therapies• Grief counselling• Relationship counselling <p><i>Exclusions:</i></p> <ul style="list-style-type: none">• Counselling delivered in the context of other service types, e.g. Personalised support, carer support programs |
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Source and reference attributes

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| Submitting organisation: | Australian Institute of Health and Welfare |
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Relational attributes

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| Related metadata references: | Supersedes Counselling—face to face Health , Superseded 16/01/2020 |
| Metadata items which use this glossary item: | Mental health non-government organisation payments cluster Health , Standard 16/01/2020 |