

3. Personal biomedical factors

Personal biomedical factors, such as blood pressure and blood glucose levels, carry both short and long term risks for health. These are often influenced by health behaviours, such as diet and exercise, and social factors, such as financial stress or occupational stress.

These indicators focus on biomedical factors that are known to put a person's health at risk.

Indicators in this framework

- [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2019 Health](#), Standard 09/04/2020
- [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2020 Health](#), Standard 13/10/2021