

## 2. Health behaviours

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## 2. Health behaviours

### Identifying and definitional attributes

**Item type:** Framework Dimension

**METEOR identifier:** 721637

**Description:** A person's health is influenced by their behaviours. The impact of many health problems experienced by Australians could be reduced or prevented entirely by changing behaviours related to such things as tobacco smoking, being overweight or obese, high alcohol use, physical inactivity and high blood pressure. These indicators focus on behaviours that are known to put a person's health at risk.

### Indicators in this framework

- [Australian Health Performance Framework: PI 1.2.2–Children exposed to tobacco smoke in the home, 2019](#)  
Health, Superseded 13/10/2021
- [Australian Health Performance Framework: PI 1.2.3–Levels of risky alcohol consumption, 2020](#)  
Health, Standard 13/10/2021
- [Australian Health Performance Framework: PI 1.2.4–Inadequate fruit and vegetable intake, 2020](#)  
Health, Standard 13/10/2021
- [Australian Health Performance Framework: PI 1.2.1–Rates of current daily smokers, 2020](#)  
Health, Standard 13/10/2021
- [Australian Health Performance Framework: PI 1.2.2–Children exposed to tobacco smoke in the home, 2020](#)  
Health, Standard 13/10/2021
- [Australian Health Performance Framework: PI 1.2.5–Insufficient physical activity, 2020](#)  
Health, Standard 13/10/2021
- [Australian Health Performance Framework: PI 1.2.1–Rates of current daily smokers, 2019](#)  
Health, Superseded 13/10/2021
- [Australian Health Performance Framework: PI 1.2.3–Levels of risky alcohol consumption, 2019](#)  
Health, Superseded 13/10/2021
- [Australian Health Performance Framework: PI 1.2.4–Inadequate fruit and vegetable intake, 2019](#)  
Health, Superseded 13/10/2021
- [Australian Health Performance Framework: PI 1.2.5–Insufficient physical activity, 2019](#)  
Health, Superseded 13/10/2021