# Domain 1 – Determinants of health



#### © Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AlHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Downloaded 16-Jul-2024

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

# Domain 1 – Determinants of health

### Identifying and definitional attributes

**Item type:** Framework Dimension

METEOR identifier: 721635

**Description:** Are the factors determining good health changing for the better? Where and for

whom are these factors changing? Is it the same for everyone?

This domain takes into account factors that influence the health status and health care needs of Australians. Factors within this domain may be external to the traditional view of the health system. Reporting of health determinants in relation to the performance of the health system highlights the need for services within the health system and also the need for multi-sectoral approaches, where appropriate, to improve health outcomes. These determinants include health behaviours, personal biomedical factors, environmental factors and socioeconomic factors.

#### Dimensions of this framework

#### 1. Socioeconomic factors

### Identifying and definitional attributes

**Item type:** Framework Dimension

METEOR identifier: 721636

**Description:** Socioeconomic factors —such as income, employment, housing and

education—can affect a person's health. People who are disadvantaged in one or more of these areas may have difficulty accessing health care, and

this may in turn impact on their overall health and wellbeing.

### 2. Health behaviours

## Identifying and definitional attributes

**Item type:** Framework Dimension

METEOR identifier: 721637

**Description:** A person's health is influenced by their behaviours. The impact of many health

problems experienced by Australians could be reduced or prevented entirely by changing behaviours related to such things as tobacco smoking, being overweight or obese, high alcohol use, physical inactivity and high blood pressure. These indicators focus on behaviours that are known to put a

person's health at risk.

#### Indicators in this framework

Australian Health Performance Framework: Pl 1.2.2—Children exposed to tobacco smoke in the home,
 2019

Health, Superseded 13/10/2021

- Australian Health Performance Framework: Pl 1.2.3—Levels of risky alcohol consumption, 2020 Health, Standard 13/10/2021
- Australian Health Performance Framework: PI 1.2.4—Inadequate fruit and vegetable intake, 2020
  Health, Standard 13/10/2021
- Australian Health Performance Framework: PI 1.2.1—Rates of current daily smokers, 2020 Health, Standard 13/10/2021

Australian Health Performance Framework: Pl 1.2.2—Children exposed to tobacco smoke in the home,
 2020

Health, Standard 13/10/2021

- Australian Health Performance Framework: PI 1.2.5—Insufficient physical activity, 2020
   Health, Standard 13/10/2021
- Australian Health Performance Framework: Pl 1.2.1–Rates of current daily smokers, 2019
   Health, Superseded 13/10/2021
- Australian Health Performance Framework: Pl 1.2.3—Levels of risky alcohol consumption, 2019
   Health, Superseded 13/10/2021
- Australian Health Performance Framework: PI 1.2.4—Inadequate fruit and vegetable intake, 2019
   Health, Superseded 13/10/2021
- Australian Health Performance Framework: PI 1.2.5—Insufficient physical activity, 2019
   Health, Superseded 13/10/2021

### 3. Personal biomedical factors

### Identifying and definitional attributes

**Item type:** Framework Dimension

METEOR identifier: 721638

**Description:** Personal biomedical factors, such as blood pressure and blood glucose

levels, carry both short and long term risks for health. These are often influenced by health behaviours, such as diet and exercise, and social

factors, such as financial stress or occupational stress.

These indicators focus on biomedical factors that are known to put a person's

health at risk.

#### Indicators in this framework

- Australian Health Performance Framework: PI 1.3.1—Prevalence of overweight and obesity, 2020
   Health, Standard 13/10/2021
- Australian Health Performance Framework: PI 1.3.1—Prevalence of overweight and obesity, 2019
   Health, Superseded 13/10/2021

### 4. Environmental factors

### Identifying and definitional attributes

**Item type:** Framework Dimension

METEOR identifier: 721639

**Description:** Physical, chemical and biological factors in the environment such as water,

food and soil quality can impact our health and wellbeing. Healthy

workplaces, safe water, clean air, safe houses, communities and roads are

integral for good health.

Future releases of the AHPF will include indicators that report on

environmental factors.