

# Determinants of health

Are the factors that influence good health changing for the better? Where and for who are these factors changing? Is it the same for everyone?

## Dimensions of this framework

- **Environmental factors**

Physical, chemical and biological factors such as water, food and soil quality.

- **Health behaviours**

Attitudes, beliefs, knowledge and behaviours such as patterns of eating, physical activity, smoking and alcohol consumption.

## Indicators in this framework

- [Australian Health Performance Framework: PI 1.2.6–Sharing of used needles/syringes, 2020 Health](#), Standard 13/10/2021

- **Personal biomedical factors**

Genetic-related susceptibility to disease & other factors such as blood pressure, cholesterol levels and body weight.

- **Personal history**

Factors such as experience of trauma.

- **Socioeconomic factors**

Income, employment, housing, education and social inequalities.