

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

Exported from METEOR (AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020
METEOR identifier:	716260
Registration status:	Health , Standard 13/03/2020
Description:	Proportion of adults and children who are in the 'normal' Body Mass Index (BMI) range.
Indicator set:	National Healthcare Agreement (2020) Health , Standard 13/03/2020
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	BMI is calculated as weight (in kilograms) divided by the square of height (in metres). For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0. For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18, based on centile curves. See <i>ABS National Health Survey: Users' Guide, 2011–13</i> (ABS cat. no. 4363.0.55.001) (ABS 2013) for BMI cut-off values for children. Rates are directly age-standardised to the 2001 Australian population. Excludes pregnant women where identified and people with an unknown BMI. Presented as a percentage. 95% confidence intervals and relative standard errors calculated for rates.
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	Adults: Number of persons aged 18 and over with a healthy body weight. Children: Number of persons aged 5–17 with a healthy body weight.

Numerator data elements:**Data Element / Data Set**

Adult—Body Mass Index

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Child—Body Mass Index

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Person—age

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 and over

Children: Population aged 5–17

Denominator data elements:**Data Element / Data Set**

Person—age

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:**Data Element / Data Set**

Person—area of usual residence

Data Source[ABS 2017–18 National Health Survey \(NHS\)](#)**Guide for use**

Data source type: Survey

Comments:

Most recent data available for 2020 National Healthcare Agreement performance reporting: 2017–18.

Baseline: 2007–08

2017–18 data are based on measured height and weight, though respondents were also asked to self-report their height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

In 2017–18, 33.8% of respondents aged 18 years and over did not have their height or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight. For more information see [Appendix 2: Physical measurements in the 2017–18 National Health Survey in National Health Survey: First results, 2017–18](#) (ABS cat. no. 4364.0.55.001) (ABS 2019)

Representational attributes**Representation class:** Percentage**Data type:** Real**Unit of measure:** Person**Format:** N[NN].N**Indicator conceptual framework****Framework and dimensions:** [Health behaviours](#)[Bio-medical factors](#)**Data source attributes****Data sources:****Data Source**[ABS 2017–18 National Health Survey \(NHS\)](#)**Frequency**

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes**Reporting requirements:** National Healthcare Agreement**Organisation responsible for providing data:** Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark:

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Source and reference attributes

Reference documents: ABS 2013. Australian Health Survey: Users' Guide 2011–13. ABS cat. no. 4363.0.55.001. Canberra: ABS. Viewed 1 May 2019, <http://www.abs.gov.au/AUSSTATS/abs@.nsf/productsbyCatalogue/313CB067E438BE38CA257B8D00229E5D?OpenDocument>.

ABS 2019. National Health Survey: First Results, 2017–18. ABS cat. no. 4364.0.55.001. Canberra: ABS. Viewed 1 May 2019, <http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/4364.0.55.001~2017-18~Main%20Features~Overweight%20and%20obesity~90>.

Relational attributes

Related metadata references: Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019](#)
[Health](#), Superseded 13/03/2020

Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2021](#)
[Health](#), Standard 03/07/2020

See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2019](#)
[Health](#), Superseded 13/10/2021

See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2020](#)
[Health](#), Standard 13/10/2021

See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2020](#)
[Health](#), Standard 13/03/2020