National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

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# National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

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| Identifying and definitional attributes | |
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020 |
| METEOR identifier: | 716260 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 13/03/2020 |
| Description: | Proportion of adults and children who are in the ‘normal’ [**Body Mass Index**](https://meteor.aihw.gov.au/content/532992) (BMI) range. |
| Indicator set: | [National Healthcare Agreement (2020)](https://meteor.aihw.gov.au/content/716246)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 13/03/2020 |
| Outcome area: | [Prevention](https://meteor.aihw.gov.au/content/393136)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 07/07/2010 |

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| Collection and usage attributes | |
| Population group age from: | 5 years |
| Computation description: | [**BMI**](https://meteor.aihw.gov.au/content/532992) is calculated as weight (in kilograms) divided by the square of height (in metres).  For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.  For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18, based on centile curves. See *ABS National Health Survey: Users’ Guide, 2011–13* (ABS cat. no. [4363.0.55.001](http://www.abs.gov.au/ausstats/abs@.nsf/mf/4363.0.55.001)) (ABS 2013) for BMI cut-off values for children.  Rates are directly age-standardised to the 2001 Australian population.  Excludes pregnant women where identified and people with an unknown BMI.  Presented as a percentage.  95% confidence intervals and relative standard errors calculated for rates. |
| Computation: | 100 × (Numerator ÷ Denominator)  Calculated separately for adults and children |
| Numerator: | Adults: Number of persons aged 18 and over with a healthy body weight.  Children: Number of persons aged 5–17 with a healthy body weight. |
| Numerator data elements: | **Data Element / Data Set**  Adult—Body Mass Index  **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Guide for use**  Data source type: Survey    **Data Element / Data Set**  Child—Body Mass Index  **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Guide for use**  Data source type: Survey    **Data Element / Data Set**  Person—age  **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Guide for use**  Data source type: Survey |
| Denominator: | Adults: Population aged 18 and over  Children: Population aged 5–17 |
| Denominator data elements: | **Data Element / Data Set**  Person—age  **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Guide for use**  Data source type: Survey |
| Disaggregation: | State and territory.  Some disaggregation may result in numbers too small for publication. |
| Disaggregation data elements: | **Data Element / Data Set**  Person—area of usual residence  **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Guide for use**  Data source type: Survey |
| Comments: | Most recent data available for 2020 National Healthcare Agreement performance reporting: 2017–18.  Baseline: 2007–08  2017–18 data are based on measured height and weight, though respondents were also asked to self-report their height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.  In 2017–18, 33.8% of respondents aged 18 years and over did not have their height or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight. For more information see [Appendix 2: Physical measurements in the 2017–18 National Health Survey in *National Health Survey: First results, 2017–18*](http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by Subject/4364.0.55.001~2017-18~Main Features~Overweight and obesity~90) (ABS cat. no. 4364.0.55.001) (ABS 2019) |
| Representational attributes | |
| Representation class: | Percentage |
| Data type: | Real |
| Unit of measure: | Person |
| Format: | N[NN].N |
| Indicator conceptual framework | |
| Framework and dimensions: | [Health behaviours](https://meteor.aihw.gov.au/content/392579)  [Bio-medical factors](https://meteor.aihw.gov.au/content/392578) |
| Data source attributes | |
| Data sources: | **Data Source**  [ABS 2017–18 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/716316)  **Frequency**  Every 3 years  **Data custodian**  Australian Bureau of Statistics |
| Accountability attributes | |
| Reporting requirements: | National Healthcare Agreement |
| Organisation responsible for providing data: | Australian Bureau of Statistics |
| Benchmark: | National Healthcare Agreement Performance Benchmark:  By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.  Refer: [http://www.federalfinancialrelations.gov.au/content/npa/ health/\_archive/healthcare\_national-agreement.pdf](http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf). |
| Further data development / collection required: | Specification: Final, the measure meets the intention of the indicator. |
| Source and reference attributes | |
| Reference documents: | ABS 2013. Australian Health Survey: Users' Guide 2011–13. ABS cat. no. 4363.0.55.001. Canberra: ABS. Viewed 1 May 2019, [http://www.abs.gov.au/AUSSTATS/abs@.nsf/productsbyCatalogue/ 313CB067E438BE38CA257B8D00229E5D?OpenDocument](http://www.abs.gov.au/AUSSTATS/abs@.nsf/productsbyCatalogue/313CB067E438BE38CA257B8D00229E5D?OpenDocument).  ABS 2019. National Health Survey: First Results, 2017–18. ABS cat. no. 4364.0.55.001. Canberra: ABS. Viewed 1 May 2019, [http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/ 4364.0.55.001~2017-18~Main%20Features~Overweight%20and%20obesity~90](http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by Subject/4364.0.55.001~2017-18~Main Features~Overweight and obesity~90). |
| Relational attributes | |
| Related metadata references: | Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019](https://meteor.aihw.gov.au/content/698946)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 13/03/2020  Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2021](https://meteor.aihw.gov.au/content/725836)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 03/07/2020  See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2019](https://meteor.aihw.gov.au/content/715278)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 13/10/2021  See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2020](https://meteor.aihw.gov.au/content/728304)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 13/10/2021  See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2020](https://meteor.aihw.gov.au/content/716275)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 13/03/2020 |