

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

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National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2020
METEOR identifier:	716260
Registration status:	Health , Standard 13/03/2020
Description:	Proportion of adults and children who are in the ‘normal’ Body Mass Index (BMI) range.
Indicator set:	National Healthcare Agreement (2020) Health , Standard 13/03/2020
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>BMI is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18, based on centile curves. See <i>ABS National Health Survey: Users' Guide, 2011–13</i> (ABS cat. no. 4363.0.55.001) (ABS 2013) for BMI cut-off values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	Adults: Number of persons aged 18 and over with a healthy body weight. Children: Number of persons aged 5–17 with a healthy body weight.

Numerator data elements:

Data Element / Data Set

Adult—Body Mass Index

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Child—Body Mass Index

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Person—age

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 and over

Children: Population aged 5–17

Denominator data elements:

Data Element / Data Set

Person—age

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Person—area of usual residence

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2020 National Healthcare Agreement performance reporting: 2017–18.

Baseline: 2007–08

2017–18 data are based on measured height and weight, though respondents were also asked to self-report their height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

In 2017–18, 33.8% of respondents aged 18 years and over did not have their height or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight. For more information see [Appendix 2: Physical measurements in the 2017–18 National Health Survey in National Health Survey: First results, 2017–18](#) (ABS cat. no. 4364.0.55.001) (ABS 2019)

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[NN].N

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS 2017–18 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark:
By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.
Refer: http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Source and reference attributes

Reference documents: ABS 2013. Australian Health Survey: Users' Guide 2011–13. ABS cat. no. 4363.0.55.001. Canberra: ABS. Viewed 1 May 2019, <http://www.abs.gov.au/AUSSTATS/abs@.nsf/productsbyCatalogue/313CB067E438BE38CA257B8D00229E5D?OpenDocument>.
ABS 2019. National Health Survey: First Results, 2017–18. ABS cat. no. 4364.0.55.001. Canberra: ABS. Viewed 1 May 2019, <http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/4364.0.55.001~2017-18~Main%20Features~Overweight%20and%20obesity~90>.

Relational attributes

Related metadata references: Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019](#)
[Health](#), Superseded 13/03/2020
Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2021](#)
[Health](#), Standard 03/07/2020
See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2019](#)
[Health](#), Superseded 13/10/2021
See also [Australian Health Performance Framework: PI 1.3.1–Prevalence of overweight and obesity, 2020](#)
[Health](#), Standard 13/10/2021
See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2020](#)
[Health](#), Standard 13/03/2020