# Other treatment type for alcohol and other drugs code N[N]

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# Other treatment type for alcohol and other drugs code N[N]

### Identifying and definitional attributes

Metadata item type: Value Domain

METEOR identifier: 707522

**Registration status:** <u>Health,</u> Standard 12/12/2018

**Definition:** A code set representing the type of treatment provided for alcohol and other drugs.

#### Representational attributes

Representation class: Code

Data type: Number

Format: N[N]

Maximum character length: 2

	Value	Meaning
Permissible values:	1	Withdrawal management (detoxification)
	2	Counselling
	3	Rehabilitation
	4	Pharmacotherapy
	5	Support and case management
	6	Information and education
	88	Other

## Collection and usage attributes

Guide for use:

CODE 1 Withdrawal management (detoxification)

This code refers to any form of withdrawal management, including medicated and non-medicated, in any delivery setting.

CODE 2 Counselling

This code refers to any method of individual or group counselling directed towards identified problems with alcohol and/or other drug use or dependency. This code excludes counselling activity that is part of a rehabilitation program as defined in Code 3 (Rehabilitation).

CODE 3 Rehabilitation

This code refers to an intensive structured treatment program that can occur in residential or non-residential settings and integrates a range of services and therapeutic activities that may include counselling, behavioural treatment approaches, recreational activities, social and community living skills, group work and relapse prevention. Rehabilitation treatment can provide a high level of support (i.e. up to 24 hours a day) and tends towards a medium to longer-term duration.

Counselling that is included within an overall rehabilitation program should be coded to Code 3 for Rehabilitation, not to Code 2 as a separate treatment episode for counselling.

CODE 4 Pharmacotherapy

This code refers to pharmacotherapies that include those used as maintenance therapies (e.g. methadone or buprenorphine) and those used as relapse prevention (e.g. acamprosate, naltrexone or disulfiram).

Use Code 1 (Withdrawal management) where a pharmacotherapy is used solely for withdrawal. Note collection exclusions: excludes treatment episodes for clients who are on an opioid pharmacotherapy maintenance program and are not receiving any other form of treatment.

CODE 5 Support and case management

This code refers to when the type of treatment provided to the client is support and case management (e.g. treatment planning and monitoring, case conferences, advocacy, or facilitated referral).

CODE 6 Information and education

This code refers to when the type of treatment provided to the client is information and education (e.g. written information or a psycho-educational intervention).

CODE 88 Other

This codes refers to other treatment types not further defined such as art, equine or outdoor therapy.

#### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

#### Relational attributes

Related metadata references:

Supersedes Other treatment type for alcohol and other drugs code N

Health, Superseded 12/12/2018

Data elements implementing this value domain:

Episode of treatment for alcohol and other drugs—other treatment type, code N[N]

Health, Standard 12/12/2018