Episode of treatment for alcohol and other drugs—main treatment type, code N[N]

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Episode of treatment for alcohol and other drugs—main treatment type, code N[N]

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Main treatment type for alcohol and other drugs
METEOR identifier:	700925
Registration status:	Health, Standard 12/12/2018
Definition:	The main activity determined at assessment by the treatment provider to treat the client's alcohol and/or drug problem for the principal drug of concern, as represented by a code.

Data element concept attributes

Identifying and definitional attributes

Data element concept:	Episode of treatment for alcohol and other drugs—main treatment type
METEOR identifier:	707369
Registration status:	Health, Standard 12/12/2018
Definition:	The main type of treatment provided to a client during an episode of treatment for alcohol and other drugs.
Object class:	Episode of treatment for alcohol and other drugs
Property:	Main treatment type

Value domain attributes

Identifying and definitional attributes

Value domain:	Main treatment type for alcohol and other drugs code N[N]
METEOR identifier:	698868
Registration status:	Health, Standard 12/12/2018
Definition:	A code set representing the type of treatment provided for alcohol and other drugs.

Representational attributes

Representation class:	Code	
Data type:	Number	
Format:	N[N]	
Maximum character length:	2	
	Value	**Meaning**
Permissible values:	1	Withdrawal management (detoxification)
	2	Counselling
	3	Rehabilitation
	4	Pharmacotherapy
	5	Support and case management
	6	Information and education

7	Assessment only
88	Other

Collection and usage attributes

Guide for use:
CODE 1   Withdrawal management (detoxification)

This code refers to any form of withdrawal management, including medicated and non-medicated, in any delivery setting.

CODE 2   Counselling

This code refers to any method of individual or group counselling directed towards identified problems with alcohol and/or other drug use or dependency. This code excludes counselling activity that is part of a rehabilitation program as defined in Code 3 (Rehabilitation).

CODE 3   Rehabilitation

This code refers to an intensive structured treatment program that can occur in residential or non-residential settings and integrates a range of services and therapeutic activities that may include counselling, behavioural treatment approaches, recreational activities, social and community living skills, group work and relapse prevention. Rehabilitation treatment can provide a high level of support (i.e. up to 24 hours a day) and tends towards a medium to longer-term duration.

Counselling that is included within an overall rehabilitation program should be coded to Code 3 for Rehabilitation, not to Code 2 as a separate treatment episode for counselling.

CODE 4   Pharmacotherapy

This code refers to pharmacotherapies that include those used as maintenance therapies (e.g. methadone or buprenorphine) and those used as relapse prevention (e.g. acamprosate, naltrexone or disulfiram).

Use Code 1 (Withdrawal management) where a pharmacotherapy is used solely for withdrawal. Note collection exclusions: excludes treatment episodes for clients who are on an opioid pharmacotherapy maintenance program and are not receiving any other form of treatment.

CODE 5   Support and case management

This code refers to when the type of treatment provided to the client is support and case management (e.g. treatment planning and monitoring, case conferences, advocacy, or facilitated referral).

CODE 6   Information and education

This code refers to when the type of treatment provided to the client is information and education (e.g. written information or a psycho-educational intervention).

CODE 7   Assessment only

This code refers to when there is no treatment provided to the client other than an overall assessment of the extent and nature of their drug and/or alcohol problem. An assessment encompasses treatment planning and referral.

This code can only be used to describe a Main treatment type, and can only be used to describe treatment provided in episodes where there are no additional treatment types.

CODE 88   Other

This codes refers to other treatment types not further defined such as art, equine or outdoor therapy.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Data element attributes

Collection and usage attributes

Guide for use: Only one code to be selected.

To be completed at assessment or commencement of treatment.

The main treatment type is the principal activity as judged by the treatment provider that is necessary for the completion of the treatment plan for the principal drug of concern. The main treatment type for alcohol and other drugs is the principal focus of a single treatment episode. Consequently, each treatment episode will only have one main treatment type.

For brief interventions, the main treatment type may apply to as few as one contact between the client and agency staff.

Comments: Information about treatment provided is of fundamental importance to service delivery and planning.

Source and reference attributes

Submitting organisation: Intergovernmental Committee on Drugs National Minimum Data Set Working Group

Relational attributes

Related metadata references: Supersedes Episode of treatment for alcohol and other drugs—treatment type (main), code N
Health, Superseded 12/12/2018

Implementation in Data Set Specifications: Alcohol and other drug treatment services NMDS 2019–20
Health, Superseded 20/02/2020
Implementation start date: 01/07/2019
Implementation end date: 30/06/2020

Alcohol and other drug treatment services NMDS 2020–21
Health, Superseded 05/02/2021
Implementation start date: 01/07/2020
Implementation end date: 30/06/2021

Alcohol and other drug treatment services NMDS 2021–22
Health, Superseded 17/12/2021
Implementation start date: 01/07/2021
Implementation end date: 30/06/2022

Alcohol and other drug treatment services NMDS 2022–23
Health, Superseded 09/12/2022
Implementation start date: 01/07/2022
Implementation end date: 30/06/2023

Alcohol and other drug treatment services NMDS 2023-24
Health, Superseded 06/12/2023
Implementation start date: 01/07/2023
Implementation end date: 30/06/2024

Alcohol and other drug treatment services NMDS 2024-25
Health, Standard 06/12/2023
Implementation start date: 01/07/2024
Implementation end date: 30/06/2025