

National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2018

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National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2018

Identifying and definitional attributes

| | |
|-----------------------------|--|
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2017 |
| METEOR identifier: | 658542 |
| Registration status: | Health , Superseded 19/06/2019 |
| Description: | Proportion of adults and children who are in the ‘normal’ Body Mass Index (BMI) range. |
| Indicator set: | National Healthcare Agreement (2018) Health , Superseded 16/06/2019 |
| Outcome area: | Prevention Health , Standard 07/07/2010 |

Collection and usage attributes

| | |
|-----------------------------------|---|
| Population group age from: | 5 years |
| Computation description: | <p>BMI is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18 years, based on centile curves. See <i>ABS National Health Survey: Users' Guide, 2011–13</i> (ABS catalogue no. 4363.0.55.001) for BMI cut-off values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p> |
| Computation: | $100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children |
| Numerator: | Adults: Number of persons aged 18 years or over with a healthy body weight. Children: Number of persons aged 5–17 years with a healthy body weight. |

Numerator data elements:

Data Element / Data Set

Adult—Body Mass Index

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Child—Body Mass Index

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Data Element / Data Set

Person—age

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set

Person—age

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Person—area of usual residence

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2018 National Healthcare Agreement performance reporting: 2014–15.

NO NEW DATA FOR 2018 REPORTING.

Baseline: 2007–08

2014–15 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[NN].N

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS 2014-15 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark:

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references:

Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2017](#)

[Health](#), Superseded 30/01/2018

Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019](#)

[Health](#), Superseded 13/03/2020

See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2018](#)

[Health](#), Superseded 19/06/2019

See also [National Indigenous Reform Agreement: PI 05–Prevalence of overweight and obesity, 2019](#)

[Indigenous](#), Superseded 23/08/2019