National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2018

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# National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2018

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| Identifying and definitional attributes | |
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | PB d–By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2017 |
| METEOR identifier: | 658542 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 19/06/2019 |
| Description: | Proportion of adults and children who are in the ‘normal’ [**Body Mass Index**](https://meteor.aihw.gov.au/content/532992) (BMI) range. |
| Indicator set: | [National Healthcare Agreement (2018)](https://meteor.aihw.gov.au/content/658550)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 16/06/2019 |
| Outcome area: | [Prevention](https://meteor.aihw.gov.au/content/393136)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 07/07/2010 |

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| Collection and usage attributes | |
| Population group age from: | 5 years |
| Computation description: | [**BMI**](https://meteor.aihw.gov.au/content/532992) is calculated as weight (in kilograms) divided by the square of height (in metres).  For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.  For children, healthy weight is defined as a BMI (appropriate for age and sex) that is likely to be greater than or equal to 18.5 and less than 25.0 at age 18 years, based on centile curves. See *ABS National Health Survey: Users’ Guide, 2011–13* (ABS catalogue no. [4363.0.55.001](http://www.abs.gov.au/ausstats/abs@.nsf/mf/4363.0.55.001)) for BMI cut-off values for children.  Rates are directly age-standardised to the 2001 Australian population.  Excludes pregnant women where identified and people with an unknown BMI.  Presented as a percentage.  95% confidence intervals and relative standard errors calculated for rates. |
| Computation: | 100 × (Numerator ÷ Denominator)  Calculated separately for adults and children |
| Numerator: | Adults: Number of persons aged 18 years or over with a healthy body weight.  Children: Number of persons aged 5–17 years with a healthy body weight. |
| Numerator data elements: | **Data Element / Data Set**  **Data Element**    Adult—Body Mass Index    **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Guide for use**    Data source type: Survey    **Data Element / Data Set**  **Data Element**    Child—Body Mass Index    **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Guide for use**    Data source type: Survey    **Data Element / Data Set**  **Data Element**    Person—age    **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Guide for use**    Data source type: Survey |
| Denominator: | Adults: Population aged 18 years or over  Children: Population aged 5–17 years |
| Denominator data elements: | **Data Element / Data Set**  **Data Element**    Person—age    **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Guide for use**    Data source type: Survey |
| Disaggregation: | State and territory.  Some disaggregation may result in numbers too small for publication. |
| Disaggregation data elements: | **Data Element / Data Set**  **Data Element**    Person—area of usual residence    **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Guide for use**    Data source type: Survey |
| Comments: | Most recent data available for 2018 National Healthcare Agreement performance reporting: 2014–15.  NO NEW DATA FOR 2018 REPORTING.  Baseline: 2007–08  2014–15 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight. |
| Representational attributes | |
| Representation class: | Percentage |
| Data type: | Real |
| Unit of measure: | Person |
| Format: | N[NN].N |
| Indicator conceptual framework | |
| Framework and dimensions: | [Health behaviours](https://meteor.aihw.gov.au/content/392579)  [Bio-medical factors](https://meteor.aihw.gov.au/content/392578) |
| Data source attributes | |
| Data sources: | **Data Source**  [ABS 2014-15 National Health Survey (NHS)](https://meteor.aihw.gov.au/content/644695)  **Frequency**  Every 3 years  **Data custodian**    Australian Bureau of Statistics |
| Accountability attributes | |
| Reporting requirements: | National Healthcare Agreement |
| Organisation responsible for providing data: | Australian Bureau of Statistics |
| Benchmark: | National Healthcare Agreement Performance Benchmark:  By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.  Refer: [http://www.federalfinancialrelations.gov.au/ content/npa/health/\_archive/ healthcare\_national-agreement.pdf](http://www.federalfinancialrelations.gov.au/content/npa/health/_archive/healthcare_national-agreement.pdf) |
| Further data development / collection required: | Specification: Final, the measure meets the intention of the indicator. |
| Relational attributes | |
| Related metadata references: | Supersedes [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2017](https://meteor.aihw.gov.au/content/629974)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 30/01/2018  Has been superseded by [National Healthcare Agreement: PB d–Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2019](https://meteor.aihw.gov.au/content/698946)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 13/03/2020  See also [National Healthcare Agreement: PI 03–Prevalence of overweight and obesity, 2018](https://meteor.aihw.gov.au/content/658530)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 19/06/2019  See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2019](https://meteor.aihw.gov.au/content/697289)  [Indigenous](https://meteor.aihw.gov.au/RegistrationAuthority/6), Superseded 23/08/2019 |