

Osteoarthritis

Identifying and definitional attributes

Metadata item type: Glossary Item

METEOR identifier: 644538

Registration status:

- [Health](#), Standard 02/08/2017

Definition: A clinical syndrome of joint pain accompanied by varying degrees of functional limitation and reduced quality of life. Pain, reduced function and effects on a person's ability to carry out their day-to-day activities can be important consequences. Osteoarthritis is characterised pathologically by localised loss of articular cartilage (cartilage lining the articular ends of the bones), as well as changes to bone and other joint structures and associated inflammation.

Source and reference attributes

Submitting organisation: Australian Commission on Safety and Quality in Health Care

Reference documents: NICE (National Institute for Health and Care Excellence) 2014. Osteoarthritis: care and management in adults. Clinical Guideline 177. London: NICE. Viewed 29 March 2016, <https://www.nice.org.uk/guidance/cg177>.

Relational attributes

Metadata items which use this glossary item: [Comprehensive assessment](#)

- [Health](#), Recorded 13/04/2017

[Diagnosis](#)

- [Health](#), Recorded 13/04/2017

[Education and self-management](#)

- [Health](#), Recorded 13/04/2017

[Medicines used to manage symptoms](#)

- [Health](#), Recorded 13/04/2017

[Osteoarthritis of the knee clinical care standard indicators: 1a-Local arrangements to ensure that patients newly diagnosed with knee osteoarthritis have a comprehensive assessment](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 1b-Proportion of patients newly diagnosed with knee osteoarthritis who have a comprehensive assessment](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 2a-Local arrangements for clinically based diagnosis of knee osteoarthritis without use of imaging for people with knee pain and other symptoms suggestive of osteoarthritis](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 2b-Proportion of patients clinically diagnosed with knee osteoarthritis, without imaging](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 3-Proportion of patients newly diagnosed with knee osteoarthritis who have an individualised self-management plan](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 4a-Proportion of patients newly diagnosed with knee osteoarthritis with a documented recommendation regarding regular exercise](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 4b-Proportion of patients with knee osteoarthritis who were overweight or obese who lost weight](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 5a-Local arrangements to ensure that patients with knee osteoarthritis are prescribed or recommended medicines in accordance with the current Therapeutic guidelines: Rheumatology](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 5b-Proportion of patients with knee osteoarthritis prescribed oral non-steroidal anti-inflammatory drugs \(NSAIDs\) with documented assessment of risks](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 5c-Proportion of patients prescribed opioids for longer than three months for the management of pain associated with knee osteoarthritis](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 6a-Proportion of patients with knee osteoarthritis with an agreed date for a review](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 6b-Proportion of patients with knee osteoarthritis with evidence of pain and function assessments within the previous 12 months](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 6c-Proportion of patients with knee osteoarthritis who have documented pain level reduction of at least 20%, 12 months after initiation or change of treatment](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 6d-Proportion of patients with knee osteoarthritis with a functional limitation who have a 10% or greater improvement in function 12 months after initiation or change of treatment](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 7a-Number of patients undergoing arthroscopic procedures for knee osteoarthritis](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 7b-Proportion of patients with knee osteoarthritis referred for consideration of surgery who were supported with non-surgical core treatments for at least three months](#)

- [Health](#), Standard 02/08/2017

[Osteoarthritis of the knee clinical care standard indicators: 8-Local arrangements to ensure that patients' experience of the care that they receive for knee osteoarthritis is regularly measured and acted upon](#)

- [Health](#), Standard 02/08/2017

[Patient review](#)

- [Health](#), Recorded 13/04/2017

[Surgery](#)

- [Health](#), Recorded 13/04/2017

[Weight loss and exercise](#)

- [Health](#), Recorded 13/04/2017