Osteoarthritis of the knee clinical care standard indicators: 6d-Proportion of patients with knee osteoarthritis with a functional limitation who have a 10% or greater improvement in function 12 months after initiation or change of treatment



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Osteoarthritis of the knee clinical care standard indicators: 6d-Proportion of patients with knee osteoarthritis with a functional limitation who have a 10% or greater improvement in function 12 months after initiation or change of treatment

Identifying and definitional attributes

Metadata item type: Indicator Indicator type: Indicator

Short name: Indicator 6d-Proportion of patients with knee osteoarthritis with a functional

limitation who have a 10% or greater improvement in function 12 months after

initiation or change of treatment

METEOR identifier: 644320

Registration status: Health, Standard 02/08/2017

Description: Proportion of patients with knee <u>osteoarthritis</u> with a functional limitation who have

a 10% or greater improvement in function 12 months after initiation or change of

pharmacological and/or non-pharmacological treatment.

Rationale: Knee osteoarthritis "bears more responsibility than any other disease for disability

in walking, stair climbing and housekeeping." (Fransen et al. 2015)

Indicator set: Clinical care standard indicators: osteoarthritis of the knee

Health, Standard 02/08/2017

Collection and usage attributes

Population group age

from:

45 years

Computation description:

Both the numerator and denominator include patients with a 'functional limitation'. A functional limitation is any limitation to a person's capacity to carry out activities of daily living and to effectively participate in social roles. Limitations may involve work, hobbies or social activities (European Musculoskeletal Conditions Surveillance and Information Network 2008). Functional limitation should be measured using a clinically validated tool. Examples of validated tools include the Timed Up and Go Test and 30-second Chair Test (OARSI 2013). Providers of care to patients with knee osteoarthritis can use local tools, but need to ensure that the same toosl are used with the same patients at different time points to measure change in function.

Both the numerator and denominator also include patients for whom treatment (pharmacological and/or non-pharmacological) was initiated or for whom there was a change in treatment, who were followed up 12 months after the initiation or change in treatment.

The 12-month time period is an approximation, and can mean between 11 and 13 months inclusive.

'Change of pharmacological and/or non-pharmacological treatment' means that the patient's treatment plan was updated with a new plan in the clinical notes on the patient maintained by the practice (paper or electronic). This provides a new measure of the patient's level of function, which is the basis for the comparison with that taken 12 months later.

Presented as a percentage.

Computation: (Numerator ÷ denominator) x 100

Numerator: Number of patients with knee osteoarthritis with a functional limitation who have a

10% or greater improvement in function when reviewed 12 months following initiation or change in pharmacological and/or non-pharmacological treatment.

Denominator: Number of patients with knee osteoarthritis with a functional limitation who were

reviewed 12 months following initiation or change of pharmacological and/or non-

pharmacological treatment.

Comments: Note that health services may not necessarily achieve 100% for this indicator, even

when providing appropriate treatment, as there may be patients whose function does not improve despite appropriate clinical intervention. For the patients that do not achieve a minimum of a 10% improvement in function 12 months after initiation or change of pharmacological and/or non-pharmacological treatment (i.e. those excluded from the numerator), this indicator should be used to review whether the interventions for these patients were appropriate, and to monitor the health

service's effectiveness in improving patients' function limited by osteoarthritis of the

knee over time.

This indicator has been adapted from the *Health care quality indicators for osteoarthritis* (European Musculoskeletal Conditions Surveillance and Information

Network 2008).

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Service event

Format: N[NN]

Accountability attributes

Other issues caveats: Applicable setting: all healthcare settings where care is provided to patients with

knee osteoarthritis, including primary care, specialist care, hospitals and

community settings.

Source and reference attributes

Submitting organisation: Australian Commission on Safety and Quality in Health Care

Reference documents: European Musculoskeletal Conditions Surveillance and Information Network 2008.

Health care quality indicators for osteoarthritis. Truro: European Musculoskeletal Conditions Surveillance and Information Network. Viewed 29 March 2016.

http://www.eumusc.net/myUploadData/files/EUMUSC

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OA%20KE.pdf.

Fransen M, McConnell S, Harmer AR, Van der Esch M, Simic M & Bennell KL 2015. Exercise for osteoarthritis of the knee: a Cochrane systematic review. Br J

Sports Med 49(24): 1554-1557.

OARSI (Osteoarthritis Research Society International) 2013. Physical performance

measures. Viewed 9 April 2017, https://www.oarsi.org/research/

physical-performance-measures