# Osteoarthritis of the knee clinical care standard indicators: 1b-Proportion of patients newly diagnosed with knee osteoarthritis who have a comprehensive assessment



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# Osteoarthritis of the knee clinical care standard indicators: 1b-Proportion of patients newly diagnosed with knee osteoarthritis who have a comprehensive assessment

# Identifying and definitional attributes

Metadata item type: Indicator Indicator type: Indicator

**Short name:** Indicator 1b-Proportion of patients newly diagnosed with knee osteoarthritis who

have a comprehensive assessment

METEOR identifier: 644266

**Registration status:** Health, Standard 02/08/2017

**Description:** Proportion of patients newly diagnosed with knee <u>osteoarthritis</u> who have a

comprehensive assessment undertaken.

Rationale: Assessment of a comprehensive range of factors is essential to clinical decision-

making (Pencharz & MacLean 2004).

Indicator set: Clinical care standard indicators: osteoarthritis of the knee

Health, Standard 02/08/2017

# Collection and usage attributes

Population group age

from:

45 years

Computation description: A 'comprehensive assessment' involves a clinician taking a detailed history of the

patient that includes the presenting symptoms and other health conditions, a physical examination (including measurement of height and weight to calculate body mass index), and a psychosocial evaluation, to identify factors (especially level of pain) that may impact on the patient's ability to do their usual daily activities and participate in work, leisure and social activities. A comprehensive assessment should use a clinically validated assessment tool to aid the assessment and support monitoring, tailored to the patient's needs and goals. A range of clinically validated assessment tools is available (see list in the *Comments* section).

Both the numerator and the denominator, include patients newly diagnosed with knee osteoarthritis. 'Newly diagnosed' means that the patient was diagnosed or

referred with knee osteoarthritis in the last three months.

Presented as a percentage.

**Computation:** (Numerator ÷ denominator) x 100

**Numerator:** Number of patients newly diagnosed with knee osteoarthritis who have had a

comprehensive assessment undertaken.

**Denominator:** Number of patients newly diagnosed with knee osteoarthritis.

### Comments:

A comprehensive assessment should use clinically validated assessment tools, such as:

- Disease-specific Knee injury and Osteoarthritis Outcome Score (KOOS)
   (Roos et al. 1998), see survey instrument <a href="http://www.koos.nu">http://www.koos.nu</a>; OsteoArthritis
   Questionnaire (OA-Quest) (Busija, Buchbinder & Osborne 2016), see survey
   instrument <a href="http://iha.acu.edu.au/osteo-arthritis/">http://iha.acu.edu.au/osteo-arthritis/</a>
- Pain and function Timed Up and Go Test and 30-second Chair Stand Test (OARSI 2013), see survey instrument <a href="https://www.oarsi.org/research/physical-performance-measures">https://www.oarsi.org/research/physical-performance-measures</a>
- Pain Verbal Numerical Rating Scale (VNRS) and Visual Analogue Scale (VAS) (NSW Agency for Clinical Innovation Pain Management Network 2017a, 2017b), see survey instrument <a href="http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/assessment">http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/assessment</a>
- Depression Kessler (K10) Psychological Distress Scale (Kessler et al. 2016), see survey instrument <a href="http://www.gpcare.org/outcome%">http://www.gpcare.org/outcome%</a>
  20measures/outcomemeasures.html and Depression, Anxiety and Stress Scale 21 (DASS 21) (Henry & Crawford 2005) see survey instrument <a href="http://www.depression-test.net/support-files/dass21-dmz.pdf">http://www.depression-test.net/support-files/dass21-dmz.pdf</a>
- Activities and quality of life Workplace Activity Limitations Scale (WALS)
  (Gignac 2005; Gignac, Sutton & Badley 2007), see survey instrument
  <a href="http://www.acreu.ca/pdf/WALS.pdf">http://www.acreu.ca/pdf/WALS.pdf</a>; Assessment of Quality of Life
  (Richardson, lezzi, Khan et al. 2014), see survey instrument
  <a href="http://www.aqol.com.au/">http://www.aqol.com.au/</a>.

This indicator has been adapted from the *Osteoarthritis quality standard* (NICE 2015).

# Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Service event

Format: N[NN]

# **Accountability attributes**

Other issues caveats: Applicable setting: all healthcare settings where care is provided to patients with

knee osteoarthritis, including primary care, specialist care, hospitals and

community settings.

### Source and reference attributes

**Submitting organisation:** Australian Commission on Safety and Quality in Health Care

### Reference documents:

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Henry JD & Crawford JR 2005. The 21-item version of the Depression Anxiety Stress Scales (DASS–21): Normative data and psychometric evaluation in a large non-clinical sample. British Journal of Clinical Psychology 44:227–239.

Kessler RC, Andrews G, Colpe LJ, Hiripi E, Mroczek DK, Normand S-LT et al. 2016. Anxiety and depression checklist (K10). Melbourne: beyondblue. Viewed 9 April 2017, <a href="https://www.beyondblue.org.au/the-facts/anxiety-and-depression-checklist-k10">https://www.beyondblue.org.au/the-facts/anxiety-and-depression-checklist-k10</a>.

NICE (National Institute for Health and Care Excellence) 2015. Osteoarthritis Quality standard 87. London: NICE.

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Richardson J, lezzi A, Khan MA & Maxwell A 2014. Validity and reliability of the Assessment of Quality of Life (AQoL-8D) multi attribute utility instrument. Patient 7(1):85-96.

Roos EM, Roos HP, Lohmander LS, Ekdahl C & Beynnon BD 1998. Knee Injury and Osteoarthritis Outcome Score (KOOS) - development of a self-administered outcome measure. Journal of Orthopaedic & Sports Physical Therapy 28:88–96.