K-10 score of psychological distress code N

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# K-10 score of psychological distress code N

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| Identifying and definitional attributes |
| Metadata item type: | Value Domain |
| METEOR identifier: | 634146 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 28/04/2016 |
| Definition: | Score on the K-10 scale measuring levels of psychological distress. |

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| Representational attributes |
| Classification scheme: | [K-10 score](https://meteor.aihw.gov.au/content/376089)  |
| Representation class: | Code |
| Data type: | Number |
| Format: | N |
| Maximum character length: | 1 |
|   | **Value** | **Meaning** |
| Permissible values: | 1 | Low (score of 10-19) |
|   | 2 | Mild (score of 20-24) |
|   | 3 | Moderate (score of 25-29) |
|   | 4 | Severe (score of 30-50) |
| Supplementary values: | 9  | Not stated/inadequately described  |

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| Collection and usage attributes |
| Guide for use: | This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not.  |

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| Relational attributes  |
| Data elements implementing this value domain: | [Person—level of psychological distress, K-10 score of psychological distress code N](https://meteor.aihw.gov.au/content/634094)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 28/04/2016 |