

K-10 score of psychological distress code N

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K-10 score of psychological distress code N

Identifying and definitional attributes

Metadata item type:	Value Domain
METEOR identifier:	634146
Registration status:	Health , Standard 28/04/2016
Definition:	Score on the K-10 scale measuring levels of psychological distress.

Representational attributes

Classification scheme:	K-10 score
Representation class:	Code
Data type:	Number
Format:	N
Maximum character length:	1

	Value	Meaning
Permissible values:	1	Low (score of 10-19)
	2	Mild (score of 20-24)
	3	Moderate (score of 25-29)
	4	Severe (score of 30-50)
Supplementary values:	9	Not stated/inadequately described

Collection and usage attributes

Guide for use:	This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not.
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Relational attributes

Data elements implementing this value domain:	Person—level of psychological distress, K-10 score of psychological distress code N Health , Standard 28/04/2016
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