Type of psychological distress code N[N]

Exported from METEOR (AIHW's Metadata Online Registry)

Type of psychological distress code N[N]

Identifying and definitional attributes

Metadata item type:	Value Domain
METEOR identifier:	634037
Registration status:	Health, Standard 28/04/2016
Definition:	A code set representing types of anxiety and depressive symptoms.

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N[N]
Maximum character length:	2

	Value	Meaning
Permissible values:	1	Tired out for no good reason
	2	Nervous
	3	So nervous that nothing could calm you down
	4	Hopeless
	5	Restless or fidgety
	6	So restless that you could not sit still
	7	Depressed
	8	Like everything was an effort
	9	So sad that nothing could cheer you up
	10	Worthless

Collection and usage attributes

Guide for use:	This question is sourced from the Kessler-10 (K-10). The scale consists of ten questions about non-specific psychological distress and seeks to measure the level of current anxiety and depressive symptoms a person may have experienced in the four weeks prior to interview.

Source and reference attributes

Submitting organisation:	Australian Institute of Health and Welfare

Relational attributes

Data elements implementing this value domain:	Person—type of psychological distress, code N[N] Health, Standard 28/04/2016