

Person—type of psychological distress, code N[N]

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Type of psychological distress
METEOR identifier:	634032
Registration status:	<ul style="list-style-type: none">• Health, Standard 28/04/2016
Definition:	The type of psychological distress experienced by a person, as represented by a code.
Data Element Concept:	Person—type of psychological distress

Value domain attributes

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N[N]
Maximum character length:	2
Permissible values:	

Value	Meaning
1	Tired out for no good reason
2	Nervous
3	So nervous that nothing could calm you down
4	Hopeless
5	Restless or fidgety
6	So restless that you could not sit still
7	Depressed
8	Like everything was an effort
9	So sad that nothing could cheer you up
10	Worthless

Collection and usage attributes

Guide for use: This question is sourced from the Kessler-10 (K-10). The scale consists of ten questions about non-specific psychological distress and seeks to measure the level of current anxiety and depressive symptoms a person may have experienced in the four weeks prior to interview.

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Data element attributes

Collection and usage attributes

Guide for use: This data element should be used in conjunction with the data elements: [Person—frequency of symptoms, code N](#) and [Person—level of psychological distress, K-10 score of psychological distress code N](#).

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: See also [Person—frequency of symptoms, code N](#)

- [Health](#), Standard 28/04/2016

See also [Person—level of psychological distress, K-10 score of psychological distress code N](#)

- [Health](#), Standard 28/04/2016

Implementation in Data Set Specifications: [Psychological distress cluster](#)
[Health](#), Standard 28/04/2016

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