

Individualised care plan

Identifying and definitional attributes

Metadata item type: Outcome Area
METEOR identifier: 624381
Registration status:

- [Health](#), Standard 12/09/2016

Description: Before a patient with an [acute coronary syndrome \(ACS\)](#) leaves the hospital, they are involved in the development of an individualised care plan. This plan identifies the lifestyle modifications and medicines needed to manage their risk factors, addresses their psychosocial needs and includes a referral to an appropriate cardiac rehabilitation or another secondary prevention program. This plan is provided to the patient and their general practitioner or ongoing clinical provider within 48 hours of the patient being discharged from hospital.

Relational attributes

Indicator sets linked to this outcome area: [Clinical care standard indicators: acute coronary syndromesHealth](#), Standard 12/09/2016

Indicators linked to this outcome area: [Acute coronary syndromes: 6a-ACS patients with an individualised care planHealth](#), Standard 12/09/2016

[Acute coronary syndromes: 6b-Patients discharged on aspirin or dual antiplatelet therapyHealth](#), Standard 12/09/2016

[Acute coronary syndromes: 6c-Patients discharged on lipid-lowering therapyHealth](#), Standard 12/09/2016

[Acute coronary syndromes: 6d-Patients referred to cardiac rehabilitation or other secondary prevention programHealth](#), Standard 12/09/2016

[Acute coronary syndromes: 6e-Discharge summary provided to general practitioner or ongoing clinical provider within 48 hours of separation from hospitalHealth](#), Standard 12/09/2016

Source and reference attributes

Submitting organisation: Australian Commission on Safety and Quality in Health Care

Reference documents: ACSQHC (Australian Commission on Safety and Quality in Health Care) 2014. Acute coronary syndromes clinical care standard. Sydney: ACSQHC.