

Acute coronary syndromes: 6a-ACS patients with an individualised care plan

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	Indicator 6a-ACS patients with an individualised care plan
METEOR identifier:	612083
Registration status:	<ul style="list-style-type: none">• Health, Standard 12/09/2016
Description:	Proportion of acute coronary syndrome (ACS) patients provided with a written, individualised care plan (addressing factors such as gradual physical activity, smoking cessation and therapies addressing psychosocial needs).
Rationale:	ACS patients can successfully contribute to managing their own condition.
Indicator set:	Clinical care standard indicators: acute coronary syndromes Health , Standard 12/09/2016
Outcome area:	Individualised care plan Health , Standard 12/09/2016

Collection and usage attributes

Computation description:	<p>Both the numerator and the denominator include patients with acute chest pain, or other symptoms suggestive of ACS.</p> <p>Both the numerator and the denominator exclude patients separated on a palliative care pathway, or where adherence to a secondary prevention plan is not indicated.</p> <p>For an individualised care plan to be included for a patient in the numerator, it needs to be a written plan, addressing factors specific to the patient, such as:</p> <ul style="list-style-type: none">• gradual physical activity (except for patients who are very debilitated)• attention to lifestyle factors such as smoking cessation, nutrition, alcohol moderation, and weight management, as appropriate• rest• therapies addressing psychosocial needs• self-administration of short-acting nitrates• self-administration of aspirin; unless contraindicated (most patients should already be taking aspirin)• calling an ambulance (e.g. dialling 000) if chest pain or discomfort is not completely relieved within 10 minutes• individualised clinician notification and care plan for those living in areas where an ambulance is not readily available (Acute Coronary Syndrome Guidelines Working Group 2006). <p>Presented as a percentage.</p>
Computation:	$(\text{Numerator} \div \text{denominator}) \times 100$
Numerator:	Number of ACS patients provided with an individualised care plan.
Denominator:	Number of ACS patients separated from hospital.
Comments:	Resources provided to patients who do not speak English may require translation into other languages.

Representational attributes

Representation class:	Percentage
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Data type: Real
Unit of measure: Episode
Format: N[NN]

Source and reference attributes

Reference documents: Acute Coronary Syndrome Guidelines Working Group 2006. Guidelines for the management of acute coronary syndromes 2006. Medical Journal of Australia 184(8):S1–S30.