

# Acute coronary syndromes: 6a-ACS patients with an individualised care plan

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# Acute coronary syndromes: 6a-ACS patients with an individualised care plan

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	Indicator 6a-ACS patients with an individualised care plan
<b>METEOR identifier:</b>	612083
<b>Registration status:</b>	<a href="#">Health</a> , Standard 12/09/2016
<b>Description:</b>	Proportion of <a href="#">acute coronary syndrome (ACS)</a> patients provided with a written, individualised care plan (addressing factors such as gradual physical activity, smoking cessation and therapies addressing psychosocial needs).
<b>Rationale:</b>	ACS patients can successfully contribute to managing their own condition.
<b>Indicator set:</b>	<a href="#">Clinical care standard indicators: acute coronary syndromes</a> <a href="#">Health</a> , Standard 12/09/2016
<b>Outcome area:</b>	<a href="#">Individualised care plan</a> <a href="#">Health</a> , Standard 12/09/2016

## Collection and usage attributes

<b>Computation description:</b>	<p>Both the numerator and the denominator include patients with acute chest pain, or other symptoms suggestive of ACS.</p> <p>Both the numerator and the denominator exclude patients separated on a palliative care pathway, or where adherence to a secondary prevention plan is not indicated.</p> <p>For an individualised care plan to be included for a patient in the numerator, it needs to be a written plan, addressing factors specific to the patient, such as:</p> <ul style="list-style-type: none"><li>• gradual physical activity (except for patients who are very debilitated)</li><li>• attention to lifestyle factors such as smoking cessation, nutrition, alcohol moderation, and weight management, as appropriate</li><li>• rest</li><li>• therapies addressing psychosocial needs</li><li>• self-administration of short-acting nitrates</li><li>• self-administration of aspirin; unless contraindicated (most patients should already be taking aspirin)</li><li>• calling an ambulance (e.g. dialling 000) if chest pain or discomfort is not completely relieved within 10 minutes</li><li>• individualised clinician notification and care plan for those living in areas where an ambulance is not readily available (Acute Coronary Syndrome Guidelines Working Group 2006).</li></ul> <p>Presented as a percentage.</p>
<b>Computation:</b>	$(\text{Numerator} \div \text{denominator}) \times 100$
<b>Numerator:</b>	Number of ACS patients provided with an individualised care plan.
<b>Denominator:</b>	Number of ACS patients separated from hospital.
<b>Comments:</b>	Resources provided to patients who do not speak English may require translation into other languages.

## Representational attributes

<b>Representation class:</b>	Percentage
<b>Data type:</b>	Real

**Unit of measure:** Episode

**Format:** N[NN]

## Source and reference attributes

**Submitting organisation:** Australian Commission on Safety and Quality in Health Care

**Reference documents:** Acute Coronary Syndrome Guidelines Working Group 2006. Guidelines for the management of acute coronary syndromes 2006. Medical Journal of Australia 184(8):S1–S30.