Acute coronary syndromes: 6a-ACS patients with an individualised care plan

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# Acute coronary syndromes: 6a-ACS patients with an individualised care plan

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| Identifying and definitional attributes |
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | Indicator 6a-ACS patients with an individualised care plan |
| METEOR identifier: | 612083 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 12/09/2016 |
| Description: | Proportion of [**acute coronary syndrome (ACS)**](https://meteor.aihw.gov.au/content/628778) patients provided with a written, individualised care plan (addressing factors such as gradual physical activity, smoking cessation and therapies addressing psychosocial needs). |
| Rationale: | ACS patients can successfully contribute to managing their own condition.  |
| Indicator set: | [Clinical care standard indicators: acute coronary syndromes](https://meteor.aihw.gov.au/content/612027)       [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 12/09/2016 |
| Outcome area: | [Individualised care plan](https://meteor.aihw.gov.au/content/624381)       [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 12/09/2016 |

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| Collection and usage attributes |
| Computation description: | Both the numerator and the denominator include patients with acute chest pain, or other symptoms suggestive of ACS.Both the numerator and the denominator exclude patients separated on a palliative care pathway, or where adherence to a secondary prevention plan is not indicated.For an individualised care plan to be included for a patient in the numerator, it needs to be a written plan, addressing factors specific to the patient, such as:* gradual physical activity (except for patients who are very debilitated)
* attention to lifestyle factors such as smoking cessation, nutrition, alcohol moderation, and weight management, as appropriate
* rest
* therapies addressing psychosocial needs
* self-administration of short-acting nitrates
* self-administration of aspirin; unless contraindicated (most patients should already be taking aspirin)
* calling an ambulance (e.g. dialling 000) if chest pain or discomfort is not completely relieved within 10 minutes
* individualised clinician notification and care plan for those living in areas where an ambulance is not readily available (Acute Coronary Syndrome Guidelines Working Group 2006).

Presented as a percentage. |
| Computation: | (Numerator ÷ denominator) x 100 |
| Numerator: | Number of ACS patients provided with an individualised care plan. |
| Denominator: | Number of ACS patients separated from hospital. |
| Comments: | Resources provided to patients who do not speak English may require translation into other languages. |
| Representational attributes |
| Representation class: | Percentage |
| Data type: | Real |
| Unit of measure: | Episode |
| Format: | N[NN] |
| Source and reference attributes |
| Submitting organisation: | Australian Commission on Safety and Quality in Health Care |
| Reference documents: | Acute Coronary Syndrome Guidelines Working Group 2006. Guidelines for the management of acute coronary syndromes 2006. Medical Journal of Australia 184(8):S1–S30. |