# Absolute cardiovascular disease risk assessment result categories



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# Absolute cardiovascular disease risk assessment result categories

### Identifying and definitional attributes

Metadata item type: Property

**Synonymous names:** CVD risk assessment categories

METEOR identifier: 585339

Registration status: Health, Standard 13/03/2015

Indigenous, Standard 13/03/2015

**Definition:** Categorisation of absolute cardiovascular disease (CVD) risk assessment.

Absolute cardiovascular disease (CVD) risk assessment is the probability, expressed as percentage, that a person may experience a cardiovascular event within a specified period. For example, the 5-year absolute risk of 15% means 'a 15% chance that an individual will experience a cardiovascular event within the next 5 years'. The calculation, using multiple risk factor results, estimates a person's overall risk of CVD as opposed to the traditional approaches using individual risk

factors such as high cholesterol or high blood pressure.

Three different categories are recognised:

High, more than 15% chance of a cardiovascular event in the next 5 years
Moderate, 10-15% chance of a cardiovascular event in the next 5 years

• Low, less than 10% chance of a cardiovascular event in the next 5 years.

Context: The formula (and associated colour-coded charts) used for CVD risk assessment

in Australia have been developed by the National Vascular Disease Prevention Alliance (NVDPA) using Framingham equations. Details of the formula can be

found in:

National Vascular Disease Prevention Alliance 2012. Guidelines for the

management of absolute cardiovascular disease risk. Melbourne: National Stroke

Foundation.

Property group: Performance indicators

## Collection and usage attributes

**Collection methods:** Input information for CVD risk assessment is collected by general practitioners and

other health care providers.

**Comments:** Absolute CVD risk assessment is the probability, expressed as percentage, that a

person may experience a cardiovascular event within a specified period. For example, the 5-year absolute risk of 15% means 'a 15% chance that the individual will experience a cardiovascular event within the next 5 years'. The calculation estimates a person's overall risk of CVD based on multiple risk factors as opposed to the traditional approaches using individual risk factors such as high cholesterol

or high blood pressure.

Assessment of CVD risk based on multiple risk factors is more accurate due to the cumulative effect of CVD risk factors. In view of this additive predictive power, it is reasonable to expect that any prevention or management decisions based on this

risk assessment tool should help improve CVD outcomes.

#### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

Origin: Indigenous Primary Health Care Key Performance Indicators

Reference documents: National Vascular Disease Prevention Alliance, 2012. Guidelines for the

management of absolute cardiovascular disease risk. Melbourne. Viewed 26 June 2019, https://www.heartfoundation.org.au/images/uploads/publications/Absolute-

CVD-Risk-Full-Guidelines.pdf

#### **Relational attributes**

Data Element Concepts implementing this property:

Person—absolute cardiovascular disease risk assessment result categories

Health, Standard 13/03/2015 Indigenous, Standard 13/03/2015