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# Mental health care phase code N

### Identifying and definitional attributes

Metadata item type: Value Domain

**METEOR** identifier: 575238

Registration status: Independent Hospital Pricing Authority, Standard 15/10/2014

**Definition:** A code set describing the phases of mental health care.

### Representational attributes

Representation class: Code Data type: Number Format: Ν

Maximum character length: 1

Value

Meaning Permissible values: 1 Acute

> 2 Functional gain 3 Intensive extended 4 Consolidating gain 5 Initial assessment

Supplementary values: 9 Not reported

## Collection and usage attributes

#### Guide for use:

The primary goal of care that is reflected in the patient's mental health treatment plan.

It reflects a prospective assessment of the primary goal of care at the time of collection, rather than a retrospective assessment.

CODE 1 Acute

The primary goal of care is the short term reduction in severity of symptoms and/or personal distress associated with the recent onset or exacerbation of a psychiatric disorder.

CODE 2 Functional gain

The primary goal of care is to improve personal, social or occupational functioning or promote psychosocial adaptation in a patient with impairment arising from a psychiatric disorder.

CODE 3 Intensive extended

The primary goal of care is prevention or minimisation of further deterioration, and reduction of risk of harm in a patient who has a stable pattern of severe symptoms, frequent relapses or severe inability to function independently and is judged to require care over an indefinite period.

CODE 4 Consolidating gain

The primary goal of care is to maintain the level of functioning, or improving functioning during a period of recovery, minimise deterioration or prevent relapse where the patient has stabilised and functions relatively independently. Consolidating gain may also be known as maintenance.

CODE 5 Initial assessment

The primary goal of care is to obtain information, including collateral information where possible, in order to determine the intervention/treatment needs and to arrange for this to occur (includes brief history, risk assessment, referral to treating team or other service).

#### Source and reference attributes

**Submitting organisation:** Independent Hospital Pricing Authority

### Relational attributes

Related metadata references:

Has been superseded by Mental health care phase code N

Health, Superseded 17/12/2021

Has been superseded by Mental health care phase code N Independent Hospital Pricing Authority, Standard 16/03/2016

Data elements implementing this value domain:

Episode of care—mental health care phase, code N

Independent Hospital Pricing Authority, Standard 15/10/2014