

National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2015
METEOR identifier:	559074
Registration status:	<ul style="list-style-type: none">• Health, Superseded 08/07/2016
Description:	Proportion of adults and children who are in the 'normal' BMI range.
Indicator set:	National Healthcare Agreement (2015) Health , Superseded 08/07/2016
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

Numerator data elements:

Data Element / Data Set

Data Element
Adult—Body Mass Index

Data Source
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Guide for use
Data source type: Survey

Data Element / Data Set

Data Element
Child—Body Mass Index

Data Source
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Guide for use
Data source type: Survey

Data Element / Data Set

Data Element
Person—age

Data Source
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Guide for use
Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set

Data Element
Person—age

Data Source
[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Guide for use
Data source type: Survey

Disaggregation:

State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Data Element

Person—area of usual residence

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2015 National Healthcare Agreement (NHA) performance reporting: 2011–12.

Baseline: 2007–08

NO NEW DATA FOR 2015 REPORTING.

2011–12 data are based on measured height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N.NN]

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources: **Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13 \(2011-12 Core component\)](#)

Frequency

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: National Healthcare Agreement Performance Benchmark

By 2018, increase by five percentage points the proportion of Australian adults and Australian children at a healthy body weight, over the 2009 baseline.

Refer: <http://www.federalfinancialrelations.gov.au/content/npa/healthcare/national-agreement.pdf>

NPA on Preventive Health

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Source and reference attributes

Relational attributes

Related metadata references:

Supersedes [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)

- [Health](#), Superseded 14/01/2015

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2016](#)

- [Health](#), Superseded 31/01/2017

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2015](#)

- [Health](#), Superseded 08/07/2016

See also [National Indigenous Reform Agreement: PI 05—Prevalence of overweight and obesity, 2016](#)

- [Indigenous](#), Superseded 01/07/2016

See also [National Indigenous Reform Agreement: PI 05—Prevalence of overweight and obesity, 2017](#)

- [Indigenous](#), Superseded 06/06/2017