National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014



© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AlHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014

Identifying and definitional attributes

Metadata item type: Indicator Indicator type: Indicator

Short name: PB d-By 2018, increase by five percentage points the proportion of Australian

adults and children at a healthy body weight, over the 2009 baseline (Baseline

specification), 2014

METEOR identifier: 517696

Registration status: Health, Superseded 14/01/2015

Description: Proportion of adults and children who are in the 'normal' BMI range.

Indicator set: National Healthcare Agreement (2014)

Health, Superseded 14/01/2015

Outcome area: Prevention

Health, Standard 07/07/2010

Collection and usage attributes

Population group age

from:

5 years

Computation description: Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square

of height (in metres).

For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and

less than 25.0.

For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See ABS National Health Survey: Users' Guide Electronic Publication, 2007–08 (ABS Catalogue no. 4363.0.55.001) for BMI

cutoff values for children.

Rates are directly age-standardised to the 2001 Australian population.

Excludes pregnant women where identified and people with an unknown BMI.

Presented as a percentage.

95% confidence intervals and relative standard errors calculated for rates.

Computation: 100 × (Numerator ÷ Denominator)

Calculated separately for adults and children

Numerator: Adults: Number of persons aged 18 years or over with a healthy body weight.

Children: Number of persons aged 5–17 years with a healthy body weight.

Numerator data elements:

Data Element / Data Set

Adult—body mass index (measured), ratio NN[N].N[N]

Data Source

ABS Australian Health Survey (AHS), 2011-13

Guide for use

Data source type: Survey

Data Element / Data Set

Child—body mass index (measured), ratio NN[N].N[N]

Data Source

ABS Australian Health Survey (AHS), 2011-13

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set-

Person—age, total years N[NN]

Data Source

ABS Australian Health Survey (AHS), 2011-13

Guide for use

Data source type: Survey

Disaggregation:

2011–12 (updated for full AHS sample)—State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set-

Person—area of usual residence, statistical area level 2 (SA2) code (ASGS 2011) N(9)

Data Source

ABS Australian Health Survey (AHS), 2011-13

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2014 Council of Australian Governments (COAG) Reform Council (CRC) report: 2011–12.

Baseline: 2007-08

2011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the CRC *National Indigenous Reform Agreement* (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real Unit of measure: Person Format: N[N.NN]

Indicator conceptual framework

Framework and

Health behaviours

dimensions:

Bio-medical factors

Data source attributes

Data sources: **Data Source**

ABS Australian Health Survey (AHS), 2011-13

Frequency

Every 3 years Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible

for providing data:

Australian Bureau of Statistics

Benchmark: NPA on Preventive Health

> 15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy

weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

collection required:

Further data development / Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references:

Supersedes National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

Health, Superseded 30/04/2014

Has been superseded by National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015

Health, Superseded 08/07/2016

See also National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2014

Health, Superseded 14/01/2015

See also National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2015

Indigenous, Superseded 18/11/2015