

National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2014
METEOR identifier:	517696
Registration status:	<ul style="list-style-type: none">• Health, Superseded 14/01/2015
Description:	Proportion of adults and children who are in the 'normal' BMI range.
Indicator set:	National Healthcare Agreement (2014) Health , Superseded 14/01/2015
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

Numerator data elements:

Data Element / Data Set

[Adult—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Child—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Disaggregation:

2011–12 (updated for full AHS sample)—State and territory.

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

[Person—area of usual residence, statistical area level 2 \(SA2\) code \(ASGS 2011\) N\(9\)](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Comments:

Most recent data available for 2014 Council of Australian Governments (COAG) Reform Council (CRC) report: 2011–12.

Baseline: 2007–08

2011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the CRC *National Indigenous Reform Agreement* (NIRA) report.

Representational attributes

Representation class:	Percentage
Data type:	Real
Unit of measure:	Person
Format:	N[N.NN]

Indicator conceptual framework

Framework and dimensions:	Health behaviours
	Bio-medical factors

Data source attributes

Data sources:	Data Source
	ABS Australian Health Survey (AHS), 2011-13
	Frequency
	Every 3 years
	Data custodian
	Australian Bureau of Statistics

Accountability attributes

Reporting requirements:	National Healthcare Agreement
Organisation responsible for providing data:	Australian Bureau of Statistics
Benchmark:	NPA on Preventive Health
	15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.
	15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Source and reference attributes

Relational attributes

Related metadata references:

Supersedes [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013](#)

- [Health](#), Superseded 30/04/2014

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2015](#)

- [Health](#), Superseded 08/07/2016

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2014](#)

- [Health](#), Superseded 14/01/2015

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2015](#)

- [Indigenous](#), Superseded 18/11/2015