

National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2014

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National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2014

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Progress measure
Short name:	PI03-Prevalence of overweight and obesity, 2014
METEOR identifier:	517683
Registration status:	Health , Superseded 14/01/2015
Description:	Prevalence of overweight and obesity in adults and children.
Indicator set:	National Healthcare Agreement (2014) Health , Superseded 14/01/2015
Outcome area:	Prevention Health , Standard 07/07/2010
Data quality statement:	National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2014 QS Health , Superseded 14/01/2015

Collection and usage attributes

Computation description:	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, obesity is defined as a BMI of greater than or equal to 30.00 and overweight is defined as a BMI of 25.00–29.99.</p> <p>For children, obesity is defined as a BMI (appropriate for age and sex) that is likely to be 30.00 or more at age 18 years, and overweight is defined as a BMI (appropriate for age and sex) that is likely to be 25.00–29.99 at age 18 years, based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI values.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Analysis by remoteness and Socio-Economic Indexes for Areas (SEIFA) Index of Relative Socio-economic Disadvantage (IRSD) is based on usual residence of person.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	<p>$100 \times (\text{Numerator} \div \text{Denominator})$</p> <p>Calculated separately for adults and children.</p>
Numerator:	<p>Adults: Number of persons aged 18 years or over who are obese or overweight.</p> <p>Children: Number of persons aged 5–17 years who are obese or overweight.</p>

Numerator data elements:

Data Element / Data Set

[Adult—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Adult—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Child—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Child—body mass index \(measured\), ratio NN\[N\].N\[N\]](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey

Disaggregation:

2011–12 (updated for full AHS sample)—For each of adults and children, state and territory, by:

- sex by age (adults only)
- Indigenous status (non-Indigenous only)
- remoteness (Australian Statistical Geography Standard (ASGS) Remoteness Structure)
- 2011 Socio-Economic Indexes for Areas (SEIFA) Index of Relative Socio-economic Disadvantage (IRSD) quintiles
- BMI category (underweight, normal, overweight, obese)
- disability status

2011–12 (updated for full AHS sample)—For adults, nationally, by:

- sex by remoteness (ASGS Remoteness Structure)
- 2011 SEIFA IRSD deciles
- remoteness (ASGS Remoteness Structure) by 2011 SEIFA IRSD deciles.

2012–13—For each of adults and children, state and territory, by:

- Indigenous status (Indigenous only)

2004-05 (resupplied)—State and territory, by:

- Indigenous status (adults only)

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

[Person—sex, code N](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—sex, code N](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—age, total years N\[NN\]](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey

Data Element / Data Set

[Person—area of usual residence, statistical area level 2 \(SA2\) code \(ASGS 2011\) N\(9\)](#)

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Guide for use

Data source type: Survey
Used for disaggregation by state/territory, remoteness and SEIFA of residence

Data Element / Data Set

[Person—area of usual residence, statistical area level 2 \(SA2\) code \(ASGS 2011\) N\(9\)](#)

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Guide for use

Data source type: Survey
Used for disaggregation by state/territory, remoteness and SEIFA of residence

Comments: Most recent data available for 2014 Council of Australian Governments (COAG) Reform Council (CRC) report: 2011–12 (total population); 2012–13 (Indigenous only: AATSIHS and AHS).

2011-12 AHS data and 2012-13 Indigenous data are based on measured values for height and weight. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For further detailed analysis by Indigenous status, see the CRC *National Indigenous Reform Agreement* (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N].N

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)
[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Data Source

[ABS Australian Aboriginal and Torres Strait Islander Health Survey \(AATSIHS\), 2012-13](#)

Frequency

Every 6 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)

NPA on Preventive Health

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references:

Supersedes [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2013](#)

[Health](#), Superseded 30/04/2014

Has been superseded by [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2015](#)

[Health](#), Superseded 08/07/2016

See also [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)

[Health](#), Superseded 14/01/2015

See also [National Healthcare Agreement: PI 04-Rates of current daily smokers, 2014](#)

[Health](#), Superseded 14/01/2015

See also [National Healthcare Agreement: PI 05-Levels of risky alcohol consumption, 2014](#)

[Health](#), Superseded 14/01/2015

See also [National Healthcare Agreement: PI 16-Potentially avoidable deaths, 2014](#)

[Health](#), Superseded 14/01/2015

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2015](#)

[Indigenous](#), Superseded 18/11/2015