National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

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# National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

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| Identifying and definitional attributes |
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2013 |
| METEOR identifier: | 498348 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 30/04/2014 |
| Description: | Proportion of adults and children who are in the ‘normal’ BMI range. |
| Indicator set: | [National Healthcare Agreement (2013)](https://meteor.aihw.gov.au/content/496807)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 30/04/2014 |
| Outcome area: | [Prevention](https://meteor.aihw.gov.au/content/393136)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 07/07/2010 |

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| Collection and usage attributes |
| Population group age from: | 5 years |
| Computation description: | Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See *ABS National Health Survey: Users’ Guide Electronic Publication, 2007–08* (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.Rates are directly age-standardised to the 2001 Australian population.Excludes pregnant women where identified and people with an unknown BMI.Presented as a percentage.95% confidence intervals and relative standard errors calculated for rates. |
| Computation: | 100 × (Numerator ÷ Denominator)Calculated separately for adults and children  |
| Numerator: | Adults: Number of persons aged 18 years or over with a healthy body weight.Children: Number of persons aged 5–17 years with a healthy body weight.  |
| Numerator data elements: | **Data Element / Data Set**Child—Body Mass Index**Guide for use**Data source type: Survey **Data Element / Data Set**Adult—Body Mass Index**Data Source**[ABS Australian Health Survey (AHS), 2011-13](https://meteor.aihw.gov.au/content/481875)**Guide for use**Data source type: Survey |
| Denominator: | Adults: Population aged 18 years or overChildren: Population aged 5–17 years |
| Denominator data elements: | **Data Element / Data Set**Person—age**Data Source**[ABS Australian Health Survey (AHS), 2011-13](https://meteor.aihw.gov.au/content/481875)**Guide for use**Data source type: Survey |
| Disaggregation: | State and territorySome disaggregation may result in numbers too small for publication. |
| Disaggregation data elements: | **Data Element / Data Set**Person—area of usual residence**Data Source**[ABS Australian Health Survey (AHS), 2011-13](https://meteor.aihw.gov.au/content/481875)**Guide for use**Data source type: Survey |
| Comments: | Most recent data available for 2013 CRC report: 2011–12.Baseline: 2007–082011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.For detailed analysis by Indigenous status, see the *National Indigenous Reform Agreement* (NIRA) report. |
| Representational attributes |
| Representation class: | Percentage |
| Data type: | Real |
| Unit of measure: | Person |
| Format: | N[N.NN] |
| Indicator conceptual framework |
| Framework and dimensions: | [Health behaviours](https://meteor.aihw.gov.au/content/392579)[Bio-medical factors](https://meteor.aihw.gov.au/content/392578)  |
| Data source attributes |
| Data sources: | **Data Source**[ABS Australian Health Survey (AHS), 2011-13](https://meteor.aihw.gov.au/content/481875)**Frequency**Every 3 years**Data custodian**Australian Bureau of Statistics |
| Accountability attributes |
| Reporting requirements: | National Healthcare Agreement |
| Organisation responsible for providing data: | Australian Bureau of Statistics |
| Benchmark: | National Partnership Agreement on Preventive Health15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015. |
| Further data development / collection required: | Specification: Final, the measure meets the intention of the indicator. |
| Relational attributes  |
| Related metadata references: | Supersedes [National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2012](https://meteor.aihw.gov.au/content/435818)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 25/06/2013Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](https://meteor.aihw.gov.au/content/517696)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 14/01/2015See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2013](https://meteor.aihw.gov.au/content/498205)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 30/04/2014See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2014](https://meteor.aihw.gov.au/content/525842)[Indigenous](https://meteor.aihw.gov.au/RegistrationAuthority/6), Superseded 24/11/2014 |