

National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

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National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

Identifying and definitional attributes

| | |
|-----------------------------|---|
| Metadata item type: | Indicator |
| Indicator type: | Indicator |
| Short name: | PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2013 |
| METEOR identifier: | 498348 |
| Registration status: | Health , Superseded 30/04/2014 |
| Description: | Proportion of adults and children who are in the 'normal' BMI range. |
| Indicator set: | National Healthcare Agreement (2013) Health , Superseded 30/04/2014 |
| Outcome area: | Prevention Health , Standard 07/07/2010 |

Collection and usage attributes

| | |
|-----------------------------------|---|
| Population group age from: | 5 years |
| Computation description: | <p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p> |
| Computation: | $100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children |
| Numerator: | <p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p> |

Numerator data elements:

| |
|--------------------------------|
| Data Element / Data Set |
| Child—Body Mass Index |
| Guide for use |
| Data source type: Survey |

| |
|---|
| Data Element / Data Set |
| Adult—Body Mass Index |
| Data Source |
| ABS Australian Health Survey (AHS), 2011-13 |
| Guide for use |
| Data source type: Survey |

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

| |
|---|
| Data Element / Data Set |
| Person—age |
| Data Source |
| ABS Australian Health Survey (AHS), 2011-13 |
| Guide for use |
| Data source type: Survey |

Disaggregation:

State and territory

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:

| |
|---|
| Data Element / Data Set |
| Person—area of usual residence |
| Data Source |
| ABS Australian Health Survey (AHS), 2011-13 |
| Guide for use |
| Data source type: Survey |

Comments:

Most recent data available for 2013 CRC report: 2011–12.

Baseline: 2007–08

2011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the *National Indigenous Reform Agreement* (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N.NN]

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)
[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS Australian Health Survey \(AHS\), 2011-13](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: [National Partnership Agreement on Preventive Health](#)

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Final, the measure meets the intention of the indicator.

Relational attributes

Related metadata references: Supersedes [National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline \(Baseline specification\), 2012](#)
[Health](#), Superseded 25/06/2013

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014](#)
[Health](#), Superseded 14/01/2015

See also [National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2013](#)
[Health](#), Superseded 30/04/2014

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2014](#)
[Indigenous](#), Superseded 24/11/2014