

# **National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013**

**Exported from METEOR (AIHW's Metadata Online Registry)**

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to [info@aihw.gov.au](mailto:info@aihw.gov.au).

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at [meteor@aihw.gov.au](mailto:meteor@aihw.gov.au).

# National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	PB d-By 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2013
<b>METEOR identifier:</b>	498348
<b>Registration status:</b>	<a href="#">Health</a> , Superseded 30/04/2014
<b>Description:</b>	Proportion of adults and children who are in the 'normal' BMI range.
<b>Indicator set:</b>	<a href="#">National Healthcare Agreement (2013)</a> <a href="#">Health</a> , Superseded 30/04/2014
<b>Outcome area:</b>	<a href="#">Prevention</a> <a href="#">Health</a> , Standard 07/07/2010

## Collection and usage attributes

<b>Population group age from:</b>	5 years
<b>Computation description:</b>	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
<b>Computation:</b>	<p><math>100 \times (\text{Numerator} \div \text{Denominator})</math></p> <p>Calculated separately for adults and children</p>
<b>Numerator:</b>	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

**Numerator data elements:****Data Element / Data Set****Data Element**

Child—Body Mass Index

**Guide for use**

Data source type: Survey

**Data Element / Data Set****Data Element**

Adult—Body Mass Index

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13](#)

**Guide for use**

Data source type: Survey

**Denominator:**

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

**Denominator data elements:****Data Element / Data Set****Data Element**

Person—age

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13](#)

**Guide for use**

Data source type: Survey

**Disaggregation:**

State and territory

Some disaggregation may result in numbers too small for publication.

**Disaggregation data elements:****Data Element / Data Set****Data Element**

Person—area of usual residence

**Data Source**

[ABS Australian Health Survey \(AHS\), 2011-13](#)

**Guide for use**

Data source type: Survey

**Comments:**

Most recent data available for 2013 CRC report: 2011–12.

Baseline: 2007–08

2011–12 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the *National Indigenous Reform Agreement* (NIRA) report.

## Representational attributes

Representation class:	Percentage
Data type:	Real
Unit of measure:	Person
Format:	N[N.NN]

## Indicator conceptual framework

Framework and dimensions:	<a href="#">Health behaviours</a>
	<a href="#">Bio-medical factors</a>

## Data source attributes

<b>Data sources:</b>	<table><tr><td><b>Data Source</b></td></tr><tr><td><a href="#">ABS Australian Health Survey (AHS), 2011-13</a></td></tr><tr><td><b>Frequency</b></td></tr><tr><td>Every 3 years</td></tr><tr><td><b>Data custodian</b></td></tr><tr><td>Australian Bureau of Statistics</td></tr></table>	<b>Data Source</b>	<a href="#">ABS Australian Health Survey (AHS), 2011-13</a>	<b>Frequency</b>	Every 3 years	<b>Data custodian</b>	Australian Bureau of Statistics
<b>Data Source</b>							
<a href="#">ABS Australian Health Survey (AHS), 2011-13</a>							
<b>Frequency</b>							
Every 3 years							
<b>Data custodian</b>							
Australian Bureau of Statistics							

## Accountability attributes

Reporting requirements:	National Healthcare Agreement
Organisation responsible for providing data:	Australian Bureau of Statistics
Benchmark:	<a href="#">National Partnership Agreement on Preventive Health</a>  15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.  15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.
Further data development / collection required:	Specification: Final, the measure meets the intention of the indicator.

## Relational attributes

Related metadata references:	Supersedes <a href="#">National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2012</a> <a href="#">Health</a> , Superseded 25/06/2013  Has been superseded by <a href="#">National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2014</a> <a href="#">Health</a> , Superseded 14/01/2015  See also <a href="#">National Healthcare Agreement: PI 03-Prevalence of overweight and obesity, 2013</a> <a href="#">Health</a> , Superseded 30/04/2014  See also <a href="#">National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2014</a> <a href="#">Indigenous</a> , Superseded 24/11/2014
------------------------------	--

