

# National Indigenous Reform Agreement: PI 07-Level of physical activity, 2012

Exported from METEOR (AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to [info@aihw.gov.au](mailto:info@aihw.gov.au).

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at [meteor@aihw.gov.au](mailto:meteor@aihw.gov.au).

# National Indigenous Reform Agreement: PI 07-Level of physical activity, 2012

## Identifying and definitional attributes

<b>Metadata item type:</b>	Indicator
<b>Indicator type:</b>	Indicator
<b>Short name:</b>	PI 07-Levels of physical activity, 2012
<b>METEOR identifier:</b>	438591
<b>Registration status:</b>	<a href="#">Indigenous</a> , Superseded 13/06/2013
<b>Description:</b>	Proportion of Australians by level of physical activity, by Indigenous status.
<b>Rationale:</b>	Participation in sport, recreation or fitness has the potential to lead to improvement in long-term health, and physical and mental wellbeing. Long-term health gains obtained from increased participation by Indigenous Australians in such activities will contribute to closing the gap in life expectancy.
<b>Indicator set:</b>	<a href="#">National Indigenous Reform Agreement (2012)</a> <a href="#">Indigenous</a> , Superseded 13/06/2013
<b>Outcome area:</b>	<a href="#">Indigenous people remain healthy and free of preventable disease</a> <a href="#">Indigenous</a> , Standard 21/07/2010

## Collection and usage attributes

<b>Population group age from:</b>	15 years
<b>Computation description:</b>	<p>Crude rates are calculated for Indigenous Australians.</p> <p>Age-standardised rates are calculated for Indigenous and non-Indigenous Australians.</p> <p>95% Confidence intervals and relative standard errors are calculated for crude and age-standardised rates.</p> <p>Rate ratios and rate differences are calculated for Indigenous: non-Indigenous.</p> <p>Presentation: Number, rate per 100 persons (percentage), rate ratio, rate difference, confidence intervals, and relative standard error.</p>
<b>Computation:</b>	<p>Crude rate: <math>100 \times (\text{Numerator} \div \text{Denominator})</math>.</p> <p>Age-standardised rate: calculated using the direct method with the 2001 Australian population as at 30 June as the standard. Ten year age groups are used from 0-4 to 55 years and over to be consistent with published estimates by the ABS.</p> <p>Rate ratio: Indigenous age-standardised rate divided by non-Indigenous age-standardised rate.</p> <p>Rate difference: Indigenous age-standardised rate minus non-Indigenous age-standardised rate.</p>
<b>Numerator:</b>	People aged 15 years and over by level of physical activity (sedentary, low, moderate, high)

**Numerator data elements:****Data Element / Data Set****Data Element**

Level of physical activity

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set****Data Element**

Level of physical activity

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Denominator:**

Total population of people aged 15 years and over

**Denominator data elements:**

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—age, total years N\[NN\]](#)

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Disaggregation:**

National and state/territory, by level of physical activity for Indigenous Australians (crude rates).

National and state/territory, by level of physical activity by Indigenous status (age-standardised rates).

**Disaggregation data elements:**

**Data Element / Data Set**

**Data Element**

Level of physical activity

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

**Data Element**

Level of physical activity

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Guide for use**

Data source type: Survey

**Data Element / Data Set**

[Person—Indigenous status, code N](#)

**Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Guide for use**

Data source type: Survey

#### Data Element / Data Set

[Person—Indigenous status, code N](#)

##### Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

##### Guide for use

Data source type: Survey

#### Data Element / Data Set

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

##### Data Source

[ABS 2004-05 National Health Survey \(NHS\)](#)

##### Guide for use

Data source type: Survey

#### Data Element / Data Set

[Person—area of usual residence, geographical location code \(ASGC 2006\) NNNNN](#)

##### Data Source

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

##### Guide for use

Data source type: Survey

#### Comments:

NO NEW DATA FOR 2012 REPORTING.

Most recent data available: 2004-05 NATSIHS (Indigenous); 2004-05 NHS (non-Indigenous).

At this stage, data are available for persons aged 15 years and over only. Data from the NATSIHS are available for remote and very remote areas. The NHS does not cover very remote areas.

Baseline year for NIRA target (Close the life expectancy gap within a generation) is 2006; baseline year for this indicator is 2004-05; target year is 2031.

## Representational attributes

**Representation class:** Percentage

**Data type:** Real

**Unit of measure:** Person

**Format:** N[N].N

## Indicator conceptual framework

**Framework and dimensions:** [Health Behaviours](#)

## Data source attributes

**Data sources:****Data Source**

[ABS 2004-05 National Health Survey \(NHS\)](#)

**Frequency**

Every 3 years

**Data custodian**

Australian Bureau of Statistics

**Data Source**

[ABS 2004-05 National Aboriginal and Torres Strait Islander Health Survey \(NATSIHS\)](#)

**Frequency**

Every 6 years

**Data custodian**

Australian Bureau of Statistics

## Accountability attributes

**Reporting requirements:** National Indigenous Reform Agreement.

**Organisation responsible for providing data:** Australian Bureau of Statistics (ABS).

In the provision of data and quality statement ABS will have regard for the data quality assessments in the Aboriginal and Torres Strait Islander Health Performance Framework that are relevant to this indicator.

**Further data development / collection required:** Specification: Long-term.

## Source and reference attributes

**Steward:** [National Indigenous Reform Agreement Performance Information Management Group](#)

## Relational attributes

**Related metadata references:** Supersedes [National Indigenous Reform Agreement: PI 07-Level of physical activity, 2011](#)  
[Indigenous](#), Superseded 01/07/2012