

National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2012

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Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2012
METEOR identifier:	435818
Registration status:	Health , Superseded 25/06/2013
Description:	Proportion of adults and children who are in the 'normal' BMI range
Indicator set:	National Healthcare Agreement (2012) Health , Superseded 25/06/2013
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from:	5 years
Computation description:	<p>Body Mass Index (BMI) is calculated as weight (in kilograms) divided by the square of height (in metres).</p> <p>For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.</p> <p>For children, healthy weight is defined as a 'normal' BMI (appropriate for age and sex), based on centile curves. See <i>ABS National Health Survey: Users' Guide Electronic Publication, 2007–08</i> (ABS Catalogue no. 4363.0.55.001) for BMI cutoff values for children.</p> <p>Rates are directly age-standardised to the 2001 Australian population.</p> <p>Excludes pregnant women where identified and people with an unknown BMI.</p> <p>Presented as a percentage.</p> <p>95% confidence intervals and relative standard errors calculated for rates.</p>
Computation:	$100 \times (\text{Numerator} \div \text{Denominator})$ Calculated separately for adults and children
Numerator:	<p><u>Adults</u>: Number of persons aged 18 years or over with a healthy body weight.</p> <p><u>Children</u>: Number of persons aged 5–17 years with a healthy body weight.</p>

Numerator data elements:**Data Element / Data Set****Data Element**

Child—Body Mass Index

Guide for use

Data source type: Survey

Data Element / Data Set**Data Element**

Adult—Body Mass Index

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator:

Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:**Data Element / Data Set****Data Element**

Person—age

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation:

State and territory

Some disaggregation may result in numbers too small for publication.

Disaggregation data elements:**Data Element / Data Set****Data Element**

Person—area of usual residence

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments: Most recent data available for 2012 CRC report: 2007–08

NO NEW DATA FOR 2012 REPORTING

Baseline: 2007–08

2007–08 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

For detailed analysis by Indigenous status, see the National Indigenous Reform Agreement (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N.NN]

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources:

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: NPA on Preventive Health

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Long-term

Relational attributes

**Related metadata
references:**

Supersedes [National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline \(Baseline specification\), 2011](#)

[Health](#), Superseded 30/10/2011

Has been superseded by [National Healthcare Agreement: PB d-Better health: by 2018, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline, 2013](#)

[Health](#), Superseded 30/04/2014

See also [National Healthcare Agreement: PI 05-Proportion of persons obese, 2012](#)

[Health](#), Superseded 25/06/2013

See also [National Healthcare Agreement: PI 06-Proportion of adults who are daily smokers, 2012](#)

[Health](#), Superseded 25/06/2013

See also [National Healthcare Agreement: PI 07-Proportion of adults at risk of long-term harm from alcohol, 2012](#)

[Health](#), Superseded 25/06/2013

See also [National Healthcare Agreement: PI 20-Potentially avoidable deaths, 2012](#)

[Health](#), Superseded 25/06/2013

See also [National Indigenous Reform Agreement: PI 05-Prevalence of overweight and obesity, 2013](#)

[Indigenous](#), Superseded 13/12/2013

See also [National Indigenous Reform Agreement: PI 06-Levels of obesity - Body Mass Index, 2012](#)

[Indigenous](#), Superseded 13/06/2013