

National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2011

Identifying and definitional attributes

Metadata item type:	Indicator
Indicator type:	Indicator
Short name:	PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline (Baseline specification), 2011
METEOR identifier:	428946
Registration status:	<ul style="list-style-type: none">• Health, Superseded 30/10/2011
Description:	Proportion of adults and children who are in the 'normal' BMI
Indicator set:	National Healthcare Agreement (2011) Health , Superseded 31/10/2011
Outcome area:	Prevention Health , Standard 07/07/2010

Collection and usage attributes

Population group age from: 5 years

Computation description: BMI is calculated as weight (in kilograms) divided by the square of height (in metres).

For adults, healthy weight is defined as a BMI of greater than or equal to 18.5 and less than 25.0.

For children, healthy weight is defined as BMI (appropriate for age and sex), based on centile curves. See *ABS National Health Survey: Users' Guide Electronic Publication, 2007–08* (ABS Catalogue no. 4363.0.55.001) for BMI values.

Rates are directly age-standardised.

Excludes pregnant women where identified and people with an unknown BMI.

Presented as a percentage.

95% confidence intervals and relative standard errors calculated for rates.

Computation: $100 \times (\text{Numerator} \div \text{Denominator})$

Calculated separately for adults and children

Numerator: Adults: Number of persons aged 18 years or over with a healthy body weight.

Children: Number of persons aged 5–17 years with healthy body weight.

Numerator data elements:

Data Element / Data Set

Data Element

Child—body mass index

Guide for use

Data source type: Survey

Data Element / Data Set

Data Element

Adult—body mass index

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Denominator: Adults: Population aged 18 years or over

Children: Population aged 5–17 years

Denominator data elements:

Data Element / Data Set

Data Element

Person—age

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Disaggregation: State and territory

Disaggregations within individual jurisdictions are subject to data quality considerations. Some disaggregations may result in numbers too small for publication.

Disaggregation data elements:

Data Element / Data Set

Data Element

Person—area of usual residence

Data Source

[ABS 2007-08 National Health Survey \(NHS\)](#)

Guide for use

Data source type: Survey

Comments:

2007–08 national data are based on measured values. BMI derived from measured height and weight is preferable to that derived from self-reported height and weight.

Most recent data available for 2011 CRC report: 2007–08

Baseline: 2007–08

NO NEW DATA FOR 2011 REPORTING.

For detailed analysis by Indigenous status, see the National Indigenous Reform Agreement (NIRA) report.

Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Person

Format: N[N.NN]

Indicator conceptual framework

Framework and dimensions: [Health behaviours](#)

[Bio-medical factors](#)

Data source attributes

Data sources: **Data Source**

[ABS 2007-08 National Health Survey \(NHS\)](#)

Frequency

Every 3 years

Data custodian

Australian Bureau of Statistics

Accountability attributes

Reporting requirements: National Healthcare Agreement

Organisation responsible for providing data: Australian Bureau of Statistics

Benchmark: NPA on Preventive Health

15(a): Increase in proportion of children at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of children at healthy weight returned to baseline levels by 2015.

15(d): Increase in proportion of adults at unhealthy weight held at less than five per cent from baseline for each state by 2013; proportion of adults at healthy weight returned to baseline levels by 2015.

Further data development / collection required: Specification: Long-term

Relational attributes

Related metadata references:

Has been superseded by [National Healthcare Agreement: PB 03-By 2017, increase by five percentage points the proportion of Australian adults and children at a healthy body weight, over the 2009 baseline \(Baseline specification\), 2012](#)

- [Health](#), Superseded 25/06/2013

See also [National Healthcare Agreement: PI 05-Proportion of persons obese, 2011](#)

- [Health](#), Superseded 30/10/2011

See also [National Healthcare Agreement: PI 06-Proportion of adults who are daily smokers, 2011](#)

- [Health](#), Superseded 30/10/2011

See also [National Healthcare Agreement: PI 07-Proportion of adults at risk of long-term harm from alcohol, 2011](#)

- [Health](#), Superseded 30/10/2011

See also [National Healthcare Agreement: PI 20-Potentially avoidable deaths, 2011](#)

- [Health](#), Superseded 31/10/2011

See also [National Indigenous Reform Agreement: PI 06-Levels of obesity - Body Mass Index, 2011](#)

- [Indigenous](#), Superseded 01/07/2012

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