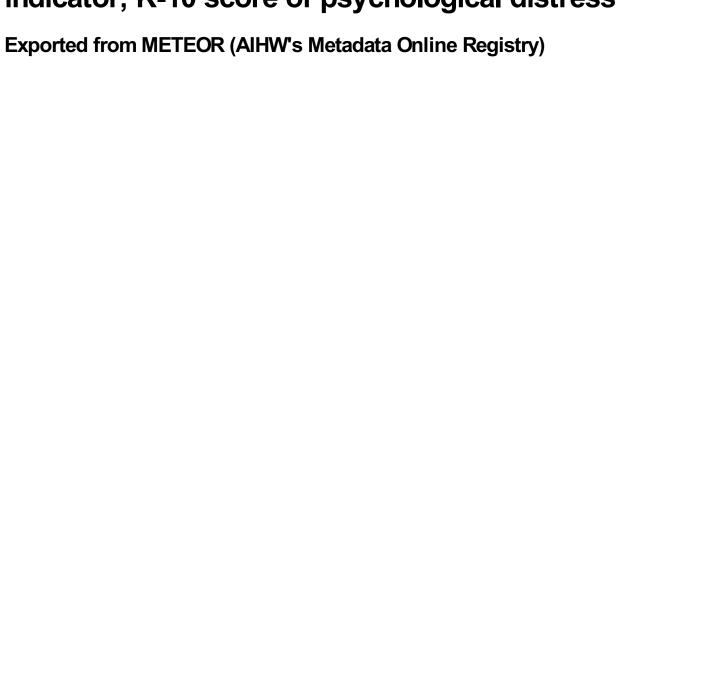
# Person—distress related to current imprisonment indicator, K-10 score of psychological distress



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## Person—distress related to current imprisonment indicator, K-10 score of psychological distress

#### Identifying and definitional attributes

Metadata item type: Data Element

**Short name:** Level of distress (K-10 score)

METEOR identifier: 376093

Registration status: Health, Standard 19/11/2015

**Definition:** The level of distress experienced during the last 4 weeks by an imprisoned person,

as represented by a code (score on the K-10 scale).

Data Element Concept: Person—distress related to current imprisonment indicator

Value Domain: K-10 score of psychological distress

#### Value domain attributes

#### Representational attributes

Classification scheme: K-10 score
Representation class: Code

Data type: Number

Format: N

 Value
 Meaning

 Permissible values:
 1
 Low (score of 10-19)

 2
 Mild (score of 20-24)

 3
 Moderate (score of 25-29)

 4
 Severe (score of 30-50)

**Supplementary values:** 9 Not stated/inadequately described

### Collection and usage attributes

#### Guide for use:

This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not. The responses for each question 1-10 are recorded:

1 None of the time 2 A little of the time 3 Some of the time Most of the time 4 All of the time 5

Add the combined codes to create an overall numeric value of the level of psychological distress:

-Low: as indicated by a score of 10-19

-Mild: as indicated by a score of 20-24

-Moderate: as indicated by a score of 25-29

-Severe: as indicated by a score of 30-50

#### Data element attributes

#### Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata

references:

Supersedes Prison entrant—distress related to current imprisonment indicator,

yes/no/not applicable code N

Health, Superseded 28/04/2016

Implementation in Data Set Prison dischargee DSS

Specifications:

Health, Superseded 28/04/2016