

Person—distress related to current imprisonment indicator, K-10 score of psychological distress

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Level of distress (K-10 score)
METEOR identifier:	376093
Registration status:	<ul style="list-style-type: none">• Health, Standard 19/11/2015
Definition:	The level of distress experienced during the last 4 weeks by an imprisoned person, as represented by a code (score on the K-10 scale).
Data Element Concept:	Person—distress related to current imprisonment indicator

Value domain attributes

Representational attributes

Classification scheme:	K-10 score										
Representation class:	Code										
Data type:	Number										
Format:	N										
Permissible values:	<table><thead><tr><th>Value</th><th>Meaning</th></tr></thead><tbody><tr><td>1</td><td>Low (score of 10-19)</td></tr><tr><td>2</td><td>Mild (score of 20-24)</td></tr><tr><td>3</td><td>Moderate (score of 25-29)</td></tr><tr><td>4</td><td>Severe (score of 30-50)</td></tr></tbody></table>	Value	Meaning	1	Low (score of 10-19)	2	Mild (score of 20-24)	3	Moderate (score of 25-29)	4	Severe (score of 30-50)
Value	Meaning										
1	Low (score of 10-19)										
2	Mild (score of 20-24)										
3	Moderate (score of 25-29)										
4	Severe (score of 30-50)										
Supplementary values:	<table><thead><tr><th>Value</th><th>Meaning</th></tr></thead><tbody><tr><td>9</td><td>Not stated/inadequately described</td></tr></tbody></table>	Value	Meaning	9	Not stated/inadequately described						
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Collection and usage attributes

Guide for use:

This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not. The responses for each question 1-10 are recorded:

- | | |
|---|----------------------|
| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

Add the combined codes to create an overall numeric value of the level of psychological distress:

-Low: as indicated by a score of 10-19

-Mild: as indicated by a score of 20-24

-Moderate: as indicated by a score of 25-29

-Severe: as indicated by a score of 30-50

Data element attributes

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references:

Supersedes [Prison entrant—distress related to current imprisonment indicator, yes/no/not applicable code N](#)

- [Health](#), Superseded 28/04/2016

Implementation in Data Set Specifications:

[Prison dischargee DSSHealth](#), Superseded 28/04/2016