

Person—distress related to current imprisonment indicator, K-10 score of psychological distress

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Person—distress related to current imprisonment indicator, K-10 score of psychological distress

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Level of distress (K-10 score)
METEOR identifier:	376093
Registration status:	Health , Standard 19/11/2015
Definition:	The level of distress experienced during the last 4 weeks by an imprisoned person, as represented by a code (score on the K-10 scale).
Data Element Concept:	Person—distress related to current imprisonment indicator
Value Domain:	K-10 score of psychological distress

Value domain attributes

Representational attributes

Classification scheme:	K-10 score	
Representation class:	Code	
Data type:	Number	
Format:	N	
	Value	Meaning
Permissible values:	1	Low (score of 10-19)
	2	Mild (score of 20-24)
	3	Moderate (score of 25-29)
	4	Severe (score of 30-50)
Supplementary values:	9	Not stated/inadequately described

Collection and usage attributes

Guide for use:

This item records the score on the Kessler -10 (K-10), which is a standardised measure of non-specific psychological distress. The K-10 is based on questions about the level of nervousness, agitation, psychological fatigue and depression during the last 4 weeks. It is designed to discriminate between those people who have a serious mental illness and those who do not. The responses for each question 1-10 are recorded:

- | | |
|---|----------------------|
| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |

Add the combined codes to create an overall numeric value of the level of psychological distress:

-Low: as indicated by a score of 10-19

-Mild: as indicated by a score of 20-24

-Moderate: as indicated by a score of 25-29

-Severe: as indicated by a score of 30-50

Data element attributes

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Relational attributes

Related metadata references: Supersedes [Prison entrant—distress related to current imprisonment indicator, yes/no/not applicable code N](#)
[Health](#), Superseded 28/04/2016

Implementation in Data Set Specifications: [Prison dischargee DSS](#)
[Health](#), Superseded 28/04/2016