Person with acute coronary syndrome—lifestyle counselling type, code N

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# Person with acute coronary syndrome—lifestyle counselling type, code N

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| Identifying and definitional attributes |
| Metadata item type: | Data Element |
| Short name: | Lifestyle counselling type |
| METEOR identifier: | 344710 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/10/2008 |
| Definition: | The counselling a person has received to modify lifestyle behaviour/s relevant to acute coronary syndromes, as represented by a code.  |
| Data Element Concept: | [Person with acute coronary syndrome—lifestyle counselling type](https://meteor.aihw.gov.au/content/344707) |
| Value Domain: | [Lifestyle counselling type code N](https://meteor.aihw.gov.au/content/360118) |

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| Value domain attributes |
| Representational attributes |
| Representation class: | Code |
| Data type: | Number |
| Format: | N |
| Maximum character length: | 1 |
|   | **Value** | **Meaning** |
| Permissible values: | 1 | Diet |
|   | 2 | Physical activity |
|   | 3 | Smoking cessation |
|   | 4 | Weight management |
| Supplementary values: | 9  | Not stated/inadequately described  |

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| Data element attributes  |
| Collection and usage attributes |
| Guide for use: | Counselling includes any method of individual or group counselling or advice directed towards any of the specific lifestyle behaviours.This metadata item refers to counselling that was conducted by a healthcare professional during the hospital stay. This may include counselling that was performed in conjunction with referral to a cardiac rehabilitation service.CODE 1      DietUse this code where a person has received counselling on their diet.CODE 2      Physical activityUse this code where a person has received counselling encouraging at least 30 to 60 minutes of physical activity in at least five sessions per week.CODE 3      Smoking cessationUse this code where a person has received counselling regarding the importance of stopping smoking.CODE 4      Weight managementUse this code where a person, whose weight is greater than 120% of the ideal weight for height, has received counselling on weight management.   |
| Relational attributes |
| Implementation in Data Set Specifications: | [Acute coronary syndrome (clinical) DSS](https://meteor.aihw.gov.au/content/372930)       [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 01/09/2012[Acute coronary syndrome (clinical) DSS](https://meteor.aihw.gov.au/content/482119)       [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Superseded 02/05/2013[Acute coronary syndrome (clinical) NBPDS 2013-](https://meteor.aihw.gov.au/content/523140)       [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 02/05/2013***Implementation start date:*** 01/07/2013 |