Functional stress test—stress test intensity, code N

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# Functional stress test—stress test intensity, code N

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| Identifying and definitional attributes | |
| Metadata item type: | Data Element |
| Short name: | Functional stress test intensity |
| METEOR identifier: | 344443 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/10/2008 |
| Definition: | The intensity of the functional stress test performed on a person, as represented by a code. |
| Data Element Concept: | [Functional stress test—stress test intensity](https://meteor.aihw.gov.au/content/344437) |
| Value Domain: | [Functional stress test intensity code N](https://meteor.aihw.gov.au/content/344441) |

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| Value domain attributes | | |
| Representational attributes | | |
| Representation class: | Code | |
| Data type: | Number | |
| Format: | N | |
| Maximum character length: | 1 | |
|  | **Value** | **Meaning** |
| Permissible values: | 1 | Maximal (symptom limited) |
|  | 2 | Submaximal |
|  | 3 | Rest / distribution study |
| Supplementary values: | 9 | Not stated/inadequately described |

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| --- | --- |
| Collection and usage attributes | |
| Guide for use: | CODE 1     Maximal (symptom limited)  Use this code when the intensity of the stress test is to increase the person's heart rate with the exercise to 85-90% of their predicted maximum heart rate.  CODE 2     Submaximal  Use this code when the intensity of the stress test is limited to increasing the person's heart rate with the exercise to 120 beats per minute or 70% of their predicted maximum heart rate.  CODE 3     Rest/distribution study  Use this code when a Thallium (nuclear) study has been undertaken for the assessment of viability, where no exercise or pharmacologic stress component has been undertaken  CODE 9     Not stated/inadequately described  Not for use in primary data collections. |



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| Data element attributes | |
| Collection and usage attributes | |
| Collection methods: | The intensity is determined and recorded by the clinicians performing the test. |
| Comments: | The stress test intensity has implications for the interpretation of the test results. |
| Relational attributes | |
| Implementation in Data Set Specifications: | [Functional stress test cluster](https://meteor.aihw.gov.au/content/351878)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/10/2008  ***Conditional obligation:*** To be provided when a functional stress test is performed. |