Functional stress test—stress test intensity, code N

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Functional stress test—stress test intensity, code N

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Functional stress test intensity
METEOR identifier:	344443
Registration status:	Health, Standard 01/10/2008
Definition:	The intensity of the functional stress test performed on a person, as represented by a code.
Data Element Concept:	Functional stress test—stress test intensity
Value Domain:	Functional stress test intensity code N

Value domain attributes

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N
Maximum character length:	1

	Value	Meaning
Permissible values:	1	Maximal (symptom limited)
	2	Submaximal
	3	Rest / distribution study
Supplementary values:	9	Not stated/inadequately described

Collection and usage attributes

Guide for use:	CODE 1 Maximal (symptom limited)
	Use this code when the intensity of the stress test is to increase the person's heart rate with the exercise to 85-90% of their predicted maximum heart rate.
	CODE 2 Submaximal
	Use this code when the intensity of the stress test is limited to increasing the person's heart rate with the exercise to 120 beats per minute or 70% of their predicted maximum heart rate.
	CODE 3 Rest/distribution study
	Use this code when a Thallium (nuclear) study has been undertaken for the assessment of viability, where no exercise or pharmacologic stress component has been undertaken
	CODE 9 Not stated/inadequately described
	Not for use in primary data collections.

Data element attributes

Collection and usage attributes

Collection methods: The intensity is determined and recorded by the clinicians performing the test.

Comments: The stress test intensity has implications for the interpretation of the test results.

Relational attributes

Implementation in Data Set Specifications: [Functional stress test cluster](#)
Health, Standard 01/10/2008
Conditional obligation: To be provided when a functional stress test is performed.