## Functional stress test intensity code $\mathbf{N}$

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# Functional stress test intensity code $\mathbf{N}$ 

Identifying and definitional attributes

| Metadata item type: | Value Domain |
| :--- | :--- |
| METEOR identifier: | 344441 |
| Registration status: | Health, Standard 01/10/2008 |
| Definition: | A code set representing the intensity of the functional stress test. |

## Representational attributes

| Representation class: | Code |  |
| :--- | :--- | :--- |
| Data type: | Number |  |
| Format: | N |  |
| Maximum character length: | 1 | Meaning |
|  | Value | Maximal (symptom limited) |
| Permissible values: | 1 | Submaximal |
|  | 2 | Rest/distribution study |
|  | 3 | Not stated/inadequately described |

## Collection and usage attributes

Guide for use:
CODE 1 Maximal (symptom limited)
Use this code when the intensity of the stress test is to increase the person's heart rate with the exercise to $85-90 \%$ of their predicted maximum heart rate.

CODE 2 Submaximal
Use this code when the intensity of the stress test is limited to increasing the person's heart rate with the exercise to 120 beats per minute or $70 \%$ of their predicted maximum heart rate.

CODE 3 Rest/distribution study
Use this code when a Thallium (nuclear) study has been undertaken for the assessment of viability, where no exercise or pharmacologic stress component has been undertaken

CODE 9 Not stated/inadequately described
Not for use in primary data collections.

## Relational attributes

Data elements implementing this value domain:

Functional stress test-stress test intensity, code N
Health, Standard 01/10/2008

