

#### © Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AlHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

# Person—severe hypoglycaemia indicator, code N

## Identifying and definitional attributes

Metadata item type: Data Element

**Short name:** Hypoglycaemia - severe

METEOR identifier: 302825

Registration status: Health, Standard 21/09/2005

**Definition:** Whether a person has had <u>severe hypoglycaemia</u>, as represented by a code.

Data Element Concept: Person—severe hypoglycaemia indicator

Value Domain: Yes/no/not stated/inadequately described code N

#### Value domain attributes

### Representational attributes

Representation class: Code

Data type: Boolean

Format: N
Maximum character length: 1

Value Meaning

Permissible values: 1 Yes

2 No

**Supplementary values:** 9 Not stated/inadequately described

# Collection and usage attributes

Guide for use: CODE 9 Not stated/inadequately described

This code is not for use in primary data collections.

#### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

#### Data element attributes

#### Collection and usage attributes

Guide for use: CODE 1 Yes

Record if the person has a history of severe hypoglycaemia.

CODE 2 No

Record if the person has no history of severe hypoglycaemia.

**Collection methods:** Ask the individual if he/she has had a severe hypoglycaemia requiring assistance.

Alternatively obtain the relevant information from appropriate documentation.

**Comments:** The medications used in the treatment of diabetes may cause the blood glucose

value to fall below the normal range and this is called hypoglycaemia.

#### Source and reference attributes

Submitting organisation: National diabetes data working group

Origin: National Diabetes Outcomes Quality Review Initiative (NDOQRIN) data dictionary.

Reference documents: Definition corresponds with the Diabetes Control and Complications Trial (DCCT):

DCCT New England Journal of Medicine, 329(14), September 30, 1993. Report of the Health Care Committee Expert Panel on Diabetes; Commonwealth of Australia

1991; ISBN 0644143207.

#### Relational attributes

Related metadata Supersedes Person—severe hypoglycaemia history, status code N

references: Health, Superseded 21/09/2005

Implementation in Data Set Diabetes (clinical) NBPDS

Specifications: Health, Standard 21/09/2005

DSS specific information:

Most hypoglycaemic reactions, however, do not cause long term problems, but the risks of permanent injury to the brain are greater in children under the age of 5 years, the elderly with associated cerebrovascular disease and patients with other medical conditions such as cirrhosis and coeliac disease. The serious consequences of hypoglycaemia relate to its effects on the brain. Rarely hypoglycaemia may cause death.

It is important to know how to recognise and react when someone is unconscious from hypoglycaemia. These people should be placed on their side and the airway checked so that breathing is unhampered and nothing should be given by mouth as food may enter the breathing passages. Treatment needs to be given by injection either glucagon (a hormone which raises the blood glucose by mobilising liver stores) or glucose itself. Glucagon should be given by injection (usually intramuscular) at a dose of 0.5 units (or mg) in children under the age of 5 years and 1.0 units (mg) for all older age groups.

All diabetic patients at risk of developing hypoglycaemia should have glucagon at home. Their families need to be shown how to administer it in times of severe hypoglycaemia.