

Person—weight (self-reported), total kilograms NN[N]

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Weight (self-reported)
METEOR identifier:	302365
Registration status:	<ul style="list-style-type: none">• Health, Standard 14/07/2005• Tasmanian Health, Standard 20/12/2016
Definition:	A person's self-reported weight (body mass).
Data Element Concept:	Person—weight

Value domain attributes

Representational attributes

Representation class:	Total						
Data type:	Number						
Format:	NN[N]						
Maximum character length:	3						
Supplementary values:	<table><thead><tr><th>Value</th><th>Meaning</th></tr></thead><tbody><tr><td>888</td><td>Unknown</td></tr><tr><td>999</td><td>Not stated</td></tr></tbody></table>	Value	Meaning	888	Unknown	999	Not stated
Value	Meaning						
888	Unknown						
999	Not stated						

Unit of measure: Kilogram (Kg)

Collection and usage attributes

Guide for use:	CODE 888 Unknown Use this code if self-reported body mass (weight) is unknown.
	CODE 999 Not stated Use this code if self-reported body mass (weight) is not responded to.

Data element attributes

Collection and usage attributes

Collection methods:

The method of data collection, e.g. face to face interview, telephone interview or self-completion questionnaire, can affect survey estimates and should be reported.

The data collection form should include a question asking the respondent what their weight is. For example, the ABS National Health Survey 1989-90 included the question 'How much do you weigh without clothes and shoes?'. The data collection form should allow for both metric (to the nearest 1 kg) and imperial (to the nearest 1 lb) units to be recorded.

If practical, it is preferable to enter the raw data into the data base before conversion of measures in imperial units to metric. However, if this is not possible, weight reported in imperial units can be converted to metric prior to data entry using a conversion factor of 0.454 kg to the lb.

Rounding to the nearest 1 kg will be required for measures converted to metric prior to data entry, and may be required for data reported in metric units to a greater level of precision than the nearest 1 kg. The following rounding conventions are desirable to reduce systematic over reporting (Armitage & Berry 1994):

nnn.x where $x < 5$ - round down, e.g. 72.2 kg would be rounded to 72 kg.

nnn.x where $x > 5$ - round up, e.g. 72.7 kg would be rounded to 73 kg.

nnn.x where $x = 5$ - round to the nearest even number, e.g. 72.5 kg would be rounded to 72 kg, while 73.5 kg would be rounded to 74 kg.

Comments:

This metadata item is recommended for persons aged 18 years or older. It is recommended for use in population surveys when it is not possible to measure weight.

It is recommended that in population surveys, sociodemographic data including ethnicity should be collected, as well as other risk factors including physiological status (e.g. pregnancy), physical activity, smoking and alcohol consumption. Summary statistics may need to be adjusted for these variables. Metadata items currently exist for sex, date of birth, country of birth, Indigenous status and smoking. Metadata items are being developed for physical activity.

Presentation of data:

Means and 95% confidence intervals, medians and centiles should be reported to one decimal place. Where the sample permits, population estimates should be presented by sex and 5-year age groups. Estimates based on sample surveys may need to take into account sampling weights.

For consistency with conventional practice, and for current comparability with international data sets, recommended centiles are 5, 10, 15, 25, 50, 75, 85, 90 and 95. To estimate the 5th and 95th centiles, a sample size of at least 200 is recommended for each group for which the centiles are being specified.

For some reporting purposes, it may be desirable to present weight data in categories. It is recommended that 5 kg groupings are used for this purpose. Weight data should not be rounded before categorisation. The following categories may be appropriate for describing the weights of Australian men and women, although the range will depend on the population. The World Health Organization's range for weight is 30–140 kg.

Weight < 30 kg

30 kg = Weight < 35 kg

35 kg = Weight < 40 kg

... in 5 kg categories

135 kg = Weight < 140 kg

Weight => 140 kg

On average, body mass (weight) tends to be underestimated when self-reported by respondents. Data for men and women aged 20–69 years in 1989 indicated that men underestimated by an average of 0.2 kg (sem of 0.05 kg) and women by an average of 0.4 kg (sem of 0.04 kg) (Waters 1993). The extent of underestimation varied with age.

Source and reference attributes

Origin:

National Centre for Monitoring Cardiovascular Disease

Australian Institute of Health and Welfare

National Health Data Committee

Relational attributes

Related metadata references:

Supersedes  [Weight - self-reported, version 2, DE, NHDD, NHIMG, Superseded 01/03/2005.pdf](#) (20.5 KB) *No registration status*

Is used in the formation of [Adult—body mass index \(self-reported\), ratio NN\[N\].N\[N\]](#)

- [Health](#), Standard 01/03/2005
- [National Health Performance Authority \(retired\)](#), Retired 01/07/2016

Supersedes [Adult—weight \(self-reported\), total kilograms NN\[N\]](#)

- [Health](#), Superseded 14/07/2005

Is used in the formation of [Child—body mass index \(self-reported\), ratio NN\[N\].N\[N\]](#)

- [Health](#), Standard 01/03/2005

Implementation in Data Set Specifications:

[Acute coronary syndrome \(clinical\) DSSHealth](#), Superseded 01/10/2008

[Acute coronary syndrome \(clinical\) DSSHealth](#), Superseded 07/12/2005

[Perinatal DSS 2014-15Health](#), Superseded 13/11/2014

Implementation start date: 01/07/2014

Implementation end date: 30/06/2015

Conditional obligation:

It is preferable to collect and record a pregnant woman's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the measured weight data item to indicate this. Data should then be recorded against this conditional self-reported weight item.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the woman's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal DSS 2015-16Health](#), Superseded 04/09/2015

Implementation start date: 01/07/2015

Implementation end date: 30/06/2016

Conditional obligation:

It is preferable to collect and record a pregnant woman's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the measured weight data item to indicate this. Data should then be recorded against this conditional self-reported weight item.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the woman's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2016-17Health](#), Superseded 05/10/2016

Implementation start date: 01/07/2016

Implementation end date: 30/06/2017

Conditional obligation:

It is preferable to collect and record a pregnant woman's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the measured weight data item to indicate this. Data should then be recorded against this conditional self-reported weight item.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the woman's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2017-18Health](#), Superseded 02/08/2017

Implementation start date: 01/07/2017

Implementation end date: 30/06/2018

Conditional obligation:

It is preferable to collect and record a pregnant woman's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the measured weight data item to indicate this. Data should then be recorded against this conditional self-reported weight item.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the woman's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2018-19Health](#), Superseded 12/12/2018

Implementation start date: 01/07/2018

Implementation end date: 30/06/2019

Conditional obligation:

It is preferable to collect and record a pregnant woman's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the measured weight data item to indicate this. Data should then be recorded against this conditional self-reported weight item.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the woman's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2019-20Health](#), Superseded 20/11/2019

Implementation start date: 01/07/2019

Implementation end date: 30/06/2020

Conditional obligation:

It is preferable to collect and record a pregnant female's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the [Person—weight \(measured\), total kilograms N\[NN\].N](#) data element. Data should then be recorded against this conditional self-reported weight data element.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the female's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2020–21Health](#), Superseded 03/12/2020

Implementation start date: 01/07/2020

Implementation end date: 30/06/2021

Conditional obligation:

It is preferable to collect and record a pregnant female's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the [Person—weight \(measured\), total kilograms N\[NN\].N](#) data element. Data should then be recorded against this conditional self-reported weight data element.

DSS specific information:

Weight rounded to the nearest whole kilogram is acceptable.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the female's self-reported weight around the time of conception is acceptable if a measured weight is not available.

[Perinatal NBEDS 2021–22Health](#), Superseded 17/12/2021

Implementation start date: 01/07/2021

Implementation end date: 30/06/2022

Conditional obligation:

It is preferable to collect and record a pregnant female's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the [Person—weight \(measured\), total kilograms N\[NN\].N](#) data element. Data should then be recorded against this conditional self-reported weight data element.

DSS specific information:

This data element is recorded for the mother only.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the female's self-reported weight around the time of conception is acceptable if a measured weight is not available.

Weight rounded to the nearest whole kilogram is acceptable.

[Perinatal NBEDS 2022–23Health](#), Standard 17/12/2021

Implementation start date: 01/07/2022

Implementation end date: 30/06/2023

Conditional obligation:

It is preferable to collect and record a pregnant female's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the [Person—weight \(measured\), total kilograms N\[NN\].N](#) data element. Data should then be recorded against this conditional self-reported weight data element.

DSS specific information:

This data element is recorded for the mother only.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the female's self-reported weight around the time of conception is acceptable if a measured weight is not available.

Weight rounded to the nearest whole kilogram is acceptable.

Implementation start date: 01/07/2023

Implementation end date: 30/06/2024

Conditional obligation:

It is preferable to collect and record a pregnant female's weight as a measured weight. Where a measured weight has not been provided or it is not possible to ascertain whether the weight has been measured or self-reported, the value 999.9 should be recorded against the [Person—weight \(measured\), total kilograms N\[NN\].N](#) data element. Data should then be recorded against this conditional self-reported weight data element.

DSS specific information:

This data element is recorded for the mother only.

Weight should be recorded in the first trimester, preferably as a measured weight. However, the female's self-reported weight around the time of conception is acceptable if a measured weight is not available.

Weight rounded to the nearest whole kilogram is acceptable.

[Tasmanian Perinatal Data Set - 2016Tasmanian Health](#), Standard 30/01/2017

Implementation start date: 01/07/2016

Implementation end date: 30/06/2017

[Tasmanian Perinatal Data Set - 2019Tasmanian Health](#), Superseded 23/06/2020

Implementation start date: 01/07/2019

Implementation end date: 30/06/2020